

The Hebrew University of Jerusalem

Syllabus

INTRODUCTION TO ART THERAPY - 99145

Last update 14-08-2013

HU Credits: 3

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: occupational therapy

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Tamar Pali Altit

Coordinator Email: tampalit@gmail.com

Coordinator Office Hours:

Teaching Staff:

Ms.

Course/Module description:

This course is presented as a workshop, integrating theoretical learning with practice and experience. The course includes lectures, readings, and class discussions alongside personal experience and art groups. The practical aspects require an open minded approach and willingness to work creatively with different textiles as means to develop awareness of intra- and inter-personal processes.

Course/Module aims:

- 1. To teach foundation concepts of art therapy, and introduce different theories and applications of therapy*
- 2. To expose students to the therapeutic value of using different materials in personal experiences*
- 3. To instill basic knowledge in the use of different materials for therapeutic goals, develop means of analysis, observation and awareness*
- 4. To introduce students to the development of drawing from childhood to adolescence with initial assessment measures*
- 5. To assist students to develop a therapeutic identity, promote personal awareness, thinking and creativity*

Learning outcomes - On successful completion of this module, students should be able to:

- 1. understand the therapeutic value of using different materials*
- 2. related to personal experience*
- 3. understand developmental processes of drawing from childhood to adolescence*
- 4. describe foundation concepts of art therapy*
- 5. describe different theories and their application to therapeutic intervention*

Attendance requirements(%):

100
100

*Teaching arrangement and method of instruction: 1. Class discussions
2. Practical experience
3. Lectures and case studies
4. integration of theory and practice*

Course/Module Content:

1. What is art therapy? Definition and foundation concepts
2. Art as a therapy tool: imagination, creativity, symbolic language
3. Between art and play: area of intervention for art therapy
4. Therapist/client relationship: empathy and listening
5. Characteristics and qualities of materials in therapy
6. Unique nature of clay in art therapy
7. meaning of colour in art therapy
8. first glance at assessments: understanding the artistic outcome in terms of the person
9. communication during common work
10. central models and approaches to group art therapy
11. The place of art therapy in occupational therapy

Required Reading:

Additional Reading Material:

Course/Module evaluation:

End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 25 %
Project work 50 %
Assignments 25 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

Additional information: