

The Hebrew University of Jerusalem

Syllabus

PRINCIPLES OF GROUP THERAPY - 99124

Last update 06-08-2019

HU Credits: 3

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: Occupational Therapy

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Efrat Ben-Naeh

Coordinator Email: efratbnn@gmail.com

Coordinator Office Hours: by appointment

Teaching Staff:

Ms. Efrat Ben-Naeh

Course/Module description:

This course will enable a wider theoretical and practical understanding of leading a group. Focus will be placed on the group process and dynamic that occur between participant, and develop tools to plan a group intervention.

Course/Module aims:

- provide theoretic knowledge and its application to group processes
- provide skills for planning and analysing group processes
- experience in conducting groups

Learning outcomes - On successful completion of this module, students should be able to:

1. understand the theory of groups and central concepts of group work
2. know how to explain processes and behaviours of individuals in a group
3. identify problems within a group
4. plan a group intervention session, set goals, select approach
5. develop skills of conducting a group

Attendance requirements(%):

100%

Teaching arrangement and method of instruction: - readings, summaries and participation in discussions

- analysing groups processes
- participation in a group "from the student to the group leader"
- keeping a diary of the group process

Course/Module Content:

1. Therapeutic group - definition, characteristics of a group and benefits of a a therapy group
2. Factors of a therapy in a group
3. Group therapy in occupational therapy
4. Focus of group intervention in occupational therapy in different populations
5. Content and process of group therapy
6. Developmental aspects of group therapy
7. Behaviours and roles of group participants
8. Role of the group leader
9. CO

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10. Dilemmas in preparing a group
 11. Evaluating a group process
 12. Problem solving within a group

Required Reading:
Given separately

Additional Reading Material:
Given separately

Course/Module evaluation:

End of year written/oral examination 0 %
Presentation 30 %
Participation in Tutorials 10 %
Project work 50 %
Assignments 10 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

Additional information: