



## *The Hebrew University of Jerusalem*

### *Syllabus*

## *Occupational therapy in mental health - introduction and models of intervention - 99121*

*Last update 16-07-2018*

*HU Credits: 2*

*Degree/Cycle: 1st degree (Bachelor)*

*Responsible Department: Occupational Therapy*

*Academic year: 0*

*Semester: 2nd Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: Miriam Kerem*

*Coordinator Email: [miri\\_lan@yahoo.com](mailto:miri_lan@yahoo.com)*

*Coordinator Office Hours: By Appointment*

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Teaching Staff:

Ms. Miriam Kerem  
Ms. Adi Malausi  
Ms. Tehila Amsalem

Course/Module description:

*In this course, students will learn the central models and approaches to mental health in occupational therapy including an introduction to its application in the clinical field. Focus will be placed on the individual characteristics of occupational therapy intervention in mental health in terms of treatment and rehabilitation.*

Course/Module aims:

- 1. To instill in the students an understanding of the connection between participation in occupations, functional limitations, quality of life and mental health*
- 2. To present central approaches and models of occupational therapy in mental health.*
- 3. To introduce students to principles of occupational therapy intervention in mental health in terms of the models and approaches learnt in the course.*
- 4. Introduce students to the intervention process in OT in mental health*
- 5. Introduce students to the variety of intervention options in the health system and community*
- 6. Central characteristics of treatment*

Learning outcomes - On successful completion of this module, students should be able to:

- 1. To identify and describe emotional issues affecting function in terms of the person, occupation and environment*
- 2. To demonstrate theoretic understanding of different models, explain and describe terms, concepts and clinical reasoning in a comparative and integrative manner*
- 3. To characterize the individual aspects of approaches to occupational therapy intervention in mental health*
- 4. To describe the different approaches of mental health in the clinical field*

Attendance requirements(%):

100%

*Teaching arrangement and method of instruction: Lectures, discussion, movies,*

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case studies, tasks, peer learning, interviews with different factors in the clinical field

Course/Module Content:

1. Review of changes in the field and its impacts on the mental health service provision in Israel and the world in terms of medicine, laws and culture
2. The relationship between mental health, mental deficits, functional impact, participation and quality of life
3. The rationale and process of occupational therapy intervention in mental health
4. Introduction to models, theoretic rationale, foundation concepts, principles of intervention
5. Introduction to the association and types of application of occupational therapy in mental health in Israel

Required Reading:

בוני, א., ליפסקיה, ל., חיים ליטבסקי, ד., והדס לידור, נ. (2010). ריפוי בעיסוק – תרומה, יעילות והשפעה – ייחודיות מקצוע הריפוי בעיסוק בשילוב תפיסות חדשות בהתערבויות טיפוליות בבריאות הנפש. רפואה – כתב עת בנושא פסיכיאטריה, 16, 42-47.

הדס-לידור, נ., וצין, א. (2008). בדרך אל ההחלמה- עיצוב סביבות משנות. כתב העת MEDICINE פסיכיאטריה, 9, 24-30.

פרק 18 מתוך ספר הקורס:

Brown, C. (2010). Cognitive Skills. Chapter 18 In Brown C., & Stofell V. (Eds.) Occupational Therapy in Mental Health: A Vision for Participation. Pp 241-261. Davis: Philadelphia.

Ennals, P., & Fossey, E. (2009). Using the OPHI-2 to Support People With Mental Illness in Their Recovery. Occupational Therapy in Mental Health, 25(2), 138-150

Krupa, T., Fossey, E., Anthony, W.A., Brown, C., & Pitts, D. (2009). Doing daily life: how occupational therapy can inform psychiatric rehabilitation practice Psychiatric Rehabilitation, 32(3) 155-161

Additional Reading Material:

ספר מלווה לקורס:

Brown C., Stoffel V.C., Phillip M.J. (2011) Occupational Therapy in Mental Health: A Vision for participation. F.A. Davis company

Course/Module evaluation:

End of year written/oral examination 80 %

Presentation 0 %

Participation in Tutorials 0 %

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*Project work 0 %*  
*Assignments 20 %*  
*Reports 0 %*  
*Research project 0 %*  
*Quizzes 0 %*  
*Other 0 %*

*Additional information:*

- Students are required to achieve 60 and over for all tasks to pass the course*
- Overall pass mark for the course  $\geq 70$*
- Failure to submit a task by the due date with result in 0. Tasks may not be amended or resubmitted*