

## *The Hebrew University of Jerusalem*

### *Syllabus*

## **INTRODUCTION TO PSYCHOLOGY - 99101**

*Last update 08-09-2020*

HU Credits: 4.5

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: Occupational Therapy

Academic year: 0

Semester: Yearly

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr Tal Mazor

Coordinator Email: [talmazkar@hotmail.com](mailto:talmazkar@hotmail.com)

Coordinator Office Hours: 9:00-15:00

Teaching Staff:

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Dr. Mor Nahum,  
Dr. Anne Aharon,  
Ms. roth noam

Course/Module description:

The course deals with the history of psychology, awareness, learning and memory, motivation, decision making, abnormal psychology, intervention methods and approaches

Course/Module aims:

- To expose students to foundation concepts of psychology
- To teach topics of research, personal and clinical psychology

Learning outcomes - On successful completion of this module, students should be able to:

1. Describe basic concepts of modern psychology
2. describe central experiments of modern psychology
3. Acquire skills of attaining professional psychological material
4. Able to apply ideas and concepts of theory in relation to psychology

Attendance requirements(%):

100

Teaching arrangement and method of instruction: Weekly lectures, readings, submission of tasks

Course/Module Content:

- Psychological approaches
- States of consciousness
- Learning
- Memory
- Self theory
- Abnormal psychology
- Intervention methods
- Positive psychology

Required Reading:

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Smith E. E., Nolen-Hoeksema, S., Fredrickson, B. L., Loftus, G. R. & Bem, D. J. (2003). *Atkinson & Hilgard's Introduction to Psychology, 14th Edition*, THOMSON: WADSWORTH.

*Additional reading materials will be given throughout the course.*

*Additional Reading Material:*  
*Will be given separately*

*Course/Module evaluation:*

*End of year written/oral examination 70 %*

*Presentation 0 %*

*Participation in Tutorials 0 %*

*Project work 10 %*

*Assignments 20 %*

*Reports 0 %*

*Research project 0 %*

*Quizzes 0 %*

*Other 0 %*

*Additional information:*  
*None*