



# *The Hebrew University of Jerusalem*

## *Syllabus*

### *Introduction to Psychology - 99100*

*Last update 10-08-2021*

*HU Credits: 2*

*Degree/Cycle: 1st degree (Bachelor)*

*Responsible Department: Occupational Therapy*

*Academic year: 0*

*Semester: 1st Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: Prof. Naomi Weintraub*

*Coordinator Email: [naomi.weintraub@mail.huji.ac.il](mailto:naomi.weintraub@mail.huji.ac.il)*

*Coordinator Office Hours: By appointment.*

*Teaching Staff:*

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Dr. Anne Aharon

Course/Module description:

The course will continue the encounter with activity and research of modern psychology, which began in the first semester. We will discuss main theories in the areas of personality and their implications for psychopathology and psychotherapy.

Course/Module aims:

The course seeks to provide a basic understanding of theories and research on human behavior and human thought. We will follow different approaches and discuss concepts taken from the various fields of psychological research.

Learning outcomes - On successful completion of this module, students should be able to:

- At the end of the course, students will be able to:
- Know and understand crucial theories in the psychology of personality.
  - Familiarize with the discourse that characterizes abnormal psychology, while encountering a number of mental disorders.
  - Critically evaluate the various research methods used in the field.
  - Expand knowledge in important areas of human behavior.
  - Apply insights to understanding healthy and pathological human behavior.

Attendance requirements(%):

80%

Teaching arrangement and method of instruction: Lectures, discussions, video analysis, independent learning

Course/Module Content:

Personality:

- Key theories.
- Psychopathology and psychotherapy.

- Therapeutic perspectives.
- (Psychoanalysis, CBT, Gestalt, Existential and Humanistic Approaches).

Required Reading:

To be given separately.

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Additional Reading Material:

Course/Module evaluation:

End of year written/oral examination 70 %  
Presentation 0 %  
Participation in Tutorials 0 %  
Project work 20 %  
Assignments 10 %  
Reports 0 %  
Research project 0 %  
Quizzes 0 %  
Other 0 %

Additional information:

Course evaluation:

- 70%: final exam at the end of the semester.

Moed aleph: 2.3.2022.

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- 20%: a short group integrative assignment.

- 10%: A minimum of 3 small assignments

- A passing grade in the final exam at the end of the semester is mandatory for obtaining a passing grade in the course.