האוניברסיטה העברית בירושלים THE HEBREW UNIVERSITY OF JERUSALEM



The Hebrew University of Jerusalem

Syllabus

## GERIATRICS - 96450

Last update 15-10-2023

<u>HU Credits:</u> 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Medicine

<u>Academic year:</u> 0

<u>Semester:</u> Yearly

<u>Teaching Languages:</u> Hebrew

<u>Campus:</u> Ein Karem

Course/Module Coordinator: Dr. Yoram Maaravi

<u>Coordinator Email: ymaaravi@gmail.com</u>

<u>Coordinator Office Hours:</u> set through email or whatsapp

Teaching Staff:

Prof Yoram Maaravi, Dr. Reuven Friedmann, Dr. Ephraim Rimon, Dr. Esther Marcus, Dr. Ayelet Aviv, Prof Jeremy Jacobs, Dr. Daniel Azoulay, aaron cohen, Liat Zimberg, Dr. Dvorah Sara shapiro, Helena Feldman, Ilia Galperin, Moshe Sonnenblick, raphael Ellis, Natalia Pavlov. Ramzi Kurd. elad laur. Prof samuel heyman, Dr. EPHRAIM Jaul, Dr. Sari TAL. Tatiana Vander. Chenishev Eldar. Vladimir Brainin. Natalija Stakun. Miloslavski Oleg, Merlev Dmitry, Sendler Alexander, Yanina Inberg

#### Course/Module description:

The Geriatrics clerckship provides the students with the basic principles, values and tools for treating every old man, healthy or sick with emphasis on the uniquess of old age and the important steps for maintaining healthy aging

#### Course/Module aims:

-Develop professionalism and approach towards aged people and future patients -Enable students with basic competencies in geriatrics and gerontology -Expose students to future learning tools for continuing self education, mainataining doubt and criticism and promote discussion of ethical dillemas of elderly lives

# Learning outcomes - On successful completion of this module, students should be able to:

-Identify and manage common geriatric problems including acute, subacute and

chronic, in the community and the hospital -Understand the physiological changes in aging -Understand the complex and unique clinical presentation of disease in the elderly -Recognize the main services for old people (acute medical care, subacute care, home hospitalozation, skilled nursing facilities, long term care and care for dementia -Understand the major geriatric syndromes -Implement the principles of palliative and end of life care -Recognize the importance of family support of the older person, of autonomy and

compassion, of multidisciplinary team work

### Attendance requirements(%):

80%

Teaching arrangement and method of instruction: -Bedside teaching -Self education and training -Small group tutur teaching -Home visits and group visits to geriatric services

Course/Module Content:

-Principles of Geriatrics and Gerontology -Demography of Aging -Physiological changes of Aging -Clinical presentation of disease in the aged -Biology of Aging -Geriatric Assessment tools -Principles of the Geriatric approach, criticism of the literature and approach to Multimorbidity and Polypharmacy -Social security Nursing Law and services -Dementia community care & day care services -Self learning modules: \*Falls \*Urinary incontinence \*Delirium \*Behavioral and Psychological Symptoms of Dementia \*Pressure Ulcers \*Tube feeding \*Restraints -Elder Capacity and Consent, Guardianship and Advanced Directives -Palliative Care and End of Life care

Required Reading:

-Don't Take Anyone's Word for It. Viewpoint. JAMA 2013 v173 pp1049 -https://www.choosingwisely.org/societies/american-geriatrics-society/ -https://www.choosingwisely.org/wp-content/uploads/2015/02/AMDA-Choosing-Wisely-List.pdf -https://eprognosis.ucsf.edu/ https://deprescribing.org/

Additional Reading Material:

Cloud database available to the students for ongoing access. Updated regularly and available for post medical education access

https://drive.google.com/folderview?id&eq;0B6Aml9yi9rBvbnZxd2NOR2pvd1U&usp &eq;sharing

<u>Grading Scheme:</u> Other 100 %

Additional information: