

# The Hebrew University of Jerusalem

Syllabus

FAMILY MEDICINE - 96445

Last update 30-10-2024

HU Credits: 4

<u>Degree/Cycle:</u> 2nd degree (Master)

Responsible Department: Medicine

Academic year: 0

<u>Semester:</u> Yearly

<u>Teaching Languages:</u> Hebrew

Campus: Ein Karem

Course/Module Coordinator: Dr. Dodo Bart

Dr. Atarah Juravel-Jaffe

<u>Coordinator Email:</u> <u>nivdaviddex2@gmail.com; atarah.jaffe@gmail.com;</u>

Coordinator Office Hours: by appointment

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Manal Muhareb, Alex Goldstein, Lital Shemesh Bar, Sruli Weiss, David Newman, Miriam Livshin, natali lerner, Dr. Omer Yair

### Course/Module description:

A clinical rotation in family practice clinics. The students will be exposed to primary care in the community and will recognize their place in the medical system as a whole. The students will become familiar with common morbidities in primary care and their acute and chronic management with a multi-disciplinary and holistic approach. The student will enhance their knowledge in preventive medicine and improve their communication skills.

#### Course/Module aims:

# <u>Learning outcomes - On successful completion of this module, students should be</u> able to:

- 1. To review the priciples of family madicine and the characteristics of the primary care physician and team including:
- \* Continuing and long term relationship with the patient and family
- \* Caring for heterogenous populations
- \* Varied work environments and prevalence of medical conditions related to varied populations
- \* Multi-purpose medical appointments
- \* Graded diagnostic approach
- \* Opportunity for long term care
- 2. To become be familiar with' will understand, analyze and implement models in family medicine in a final assignment
- 3. To become familiar with the diagnosis and treatment of common diseases in the primary care setting
- 4.To implement a clinical approach to common symptomatology in the primary care setting
- 5. To perform follow up visits for chronic diseases
- 6. To develop an evidence based approach to preventive medicine and health advocacy and to provide concrete patient-tailored recommendations
- 7. To demonstrate proficiency in history taking, communication, physical examination, clinical reasoning and case management
- 8. To perform problem oriented history taking for common medical problems in

#### primary care

- 9. To perform general and problem oriented physical examination
- 10. To complete training in physical examination necessary to treat common problems in primary care including the neurological examination, primary care orthopedics and otolaryngology
- 11. To review the essential role of the family physician in the healthcare system

## Attendance requirements(%):

Full attendance of at least 25 clinical hours in the community clinic and full attendance in all the lectures and workshops.

Teaching arrangement and method of instruction:

# Course/Module Content:

Lifestyle medicine

Nutrition, general recommendations, diet types, disease-dependent

recommendations

Physical activity, EBM recommendations

Sleep medicine

Obesity

Smoking cessation

Adult vaccinations, special populations (pulmonary disease, immune deficiency)

#### Screening tests

Colon cancer screening

Breast cancer screening

Osteoporosis screening

Prostate cancer screening

Cervical cancer screening

#### Acute disease

Upper Respiratory Tract Infection

Acute Otitis Media

Otitis Externa

**Pharyngitis** 

Community Acquired Pneumonia

Gastroenteritis

**Urinary Tract Infection** 

Common rashes

Lower back pain

Fever in children

Sexually transmitted disease

Chronic disease

Hypertension

**Diabetes** 

Ischemic heart disease - primary prevention (hyperlipidemia, aspirin treatment)

Ischemic heart disease - management of chronic disease

Congestive heart failure - management of chronic disease

**COPD** 

**Asthma** 

Approach to chronic pain

Palliative care / End of life care

Somatic disease / Psychiatry in the community setting Irritable bowel syndrome Fibromyalgia Medically unexplained complaints – approach Depression and anxiety

Approach to the family in crisis Family medicine models

Clinical approach / symptomatology

Approach to abdominal pain

Approach to headache

Approach to fatigue and malaise

Approach to dizziness

Approach to common orthopedic problems in the clinic

Approach to chronic cough

Required Reading:

Syllabus - required reading

סילבוס - קריאה מומלצת

The complete list of required reading appears in official course site

Additional Reading Material:

Grading Scheme:

Written Exam % 30

Essay / Project / Final Assignment / Home Exam / Referat 20 % Personal Guide / Tutor / Team Evaluation 50 %

Additional information: