



The Hebrew University of Jerusalem

Syllabus

HEALTH PROMOTION OF COMMON ACUTE & CHRONIC PROBL - 93113

Last update 03-04-2024

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Clinical Nursing

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Ein Karem

Course/Module Coordinator: Prof. Michal Liebergall; Tamar Shoshan

Coordinator Email: michall2@hadassah.org.il

Coordinator Office Hours: Monday, 11-12

Teaching Staff:

Prof Michal Liebergall,
Dr. Julie Benbenishty,
Prof Yaffa Zisk,
Dr. Tamar Yellon,
Ms. Tamar Shoshan,
Dr. Anita Noble

Course/Module description:

This course will concentrate on health promotion from the perspective of the advanced practice nurse. The course will contain content related to theories of health promotion at the level of the individual and the community with attention to factors associated with health promoting behavior in wellness and illness. The perspectives of equity, decency, and mutual respect will be presented as the basis for activities associated with health promotion.

Course/Module aims:

To provide the student with knowledge in the foundations of health promotion at the level of the individual and the community with attention to factors associated with health promoting behavior in wellness and illness.

Learning outcomes - On successful completion of this module, students should be able to:

- 1. Understand the accepted theories in the area of health promotion at the level of the individual and the community.*
- 2. Evaluate health promotion and health education programs.*
- 3. Apply theoretical knowledge associated with health promotion and health education at the level of the individual, group and community.*
- 4. Connect health promotion and health behavior education with the role of the advanced practice nurse.*
- 5. Critically read articles about health promotion programs.*

Attendance requirements(%):

100

Teaching arrangement and method of instruction: Lectures
Exercises Discussions

Course/Module Content:

Definition of health promotion, basic concepts and factors that influence health promotion

- Approaches to health promotion: individual and community
- Health promotion program evaluation
- Models of behavioral change and health education
- Content related to health promotion of the healthy and the ill: nutrition; physical activity; Forensic nursing; ethics; safety; ecology; continuity of care from hospital to community, community resilience

Required Reading:

Cross, R., Warwick-Booth, L., Rowlands, S., Woodall, J., O'Neil, I., Foster, S. (2021). *Health Promotion : Global Principles and Practice*. Oxford : CAB International. 2nd ed

Additional Reading Material:

Kokko, S., Baybutt, M. (Eds.). (2022). *Handbook of Settings-Based Health*. Springer. [lang=en_US&search_scope=;default_scope=;adaptor=;Local%20Search%20Engine&tab=;default_tab=query&any,contains,Handbook%20of%20Settings-](#)

ומאמרים (באתר הקורס) על פי הדרישות שיהיו לאורך הקורס

אתרי אינטרנט העוסקים בקידום בריאות:

o World Health Organization

http://www.who.int/topics/health_promotion/en

o Centers Disease Control and Prevention- CDC עולמי מחלות בקרת אתר

<http://www.cdc.gov/HealthyLiving>

בריאות וקידום לחינוך המחלקה, הבריאות משרד אתר o

<http://www.health.gov.il/Subjects/KHealth/Pages/default.aspx>

Grading Scheme:

Written / Oral / Practical Exam 60 %

Submission assignments during the semester: Exercises / Essays / Audits / Reports / Forum / Simulation / others 40 %

Additional information:

Teachers (Update)

Dr. Tamar yelon

Ms. Tamar Shoshan Dr. Michal Liebergall

Prof. Yaffa Zisk-Rony

Dr. Anna Woloski-Wruble

Dr. Anita Noble

Dr. Sarit Shimoni Kant

Dr. Julie Benbenishty