



The Hebrew University of Jerusalem

Syllabus

- 91716

Last update 10-10-2019

HU Credits: 7

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: Nursing - Ein Kerem

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Ein Karem

Course/Module Coordinator: Ms. Esther Shaulof

Ms. Ganit Bruchin

Ms. Gaya Zinger-Mor

Coordinator Email: ety@hadassah.org.il

Coordinator Office Hours: Sunday 12-13

Teaching Staff:

Ms. Ety Shaulof,
Dr. Michal Liebergall,
Dr. Anita Noble,
Ms. Abigail Kra Friedma

Course/Module description:

The course focuses on the health and illness throughout the lifespan of a woman and emphasizes aspects concerning physiology, emotional, familial, cultural and social

Course/Module aims:

Learning outcomes - On successful completion of this module, students should be able to:

- At the completion of the course, students will be able to identify and describe:
1. The normal and pathologic process of pregnancy, delivery and post-partum.
 2. The comprehensive treatment for women with fertility issues.
 3. Anatomic deficiencies, physiologic, benign and malignant tumors in the female reproductive tract.
 4. Risk factors to disease in the female reproductive tract and preventive measures.
 5. Ages pertaining to puberty, menopause and post-menopause.
 6. Special emphasis in preventative health and welfare of the woman.

Attendance requirements(%):

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100

Teaching arrangement and method of instruction:

Course/Module Content:

What is Women's Health, Physical Examination of the Women
Sexual maturation
Coping, adaptations and self-care
Pregnancy: Diagnosis, Adaptations, Participation and teaching of the Client (different systems)
Prenatal testing and ethical aspects in genetic testing & ultrasound

Antepartal care – Class and exercise (Attendance mandatory)
Bleeding in the first trimester of pregnancy: Fear and coping
Coping with bleeding in the 2nd trimester of pregnancy
Law and ethics – elective abortions
Prevention of complications and health promotion of diabetes in pregnancy
Premature Rupture of Membranes & Prevention of Complications
Intrapartum Holistic Care
Post-partum Physiologic Adaptations, cultural and breastfeeding
Hypertension in Pregnancy (EBM)
Postpartum Complications
Cultural competence and coping with pain in labor
Quality assurance – Intrapartum care – high risk and birth complications
Levels of prevention for pre-term birth
Quality assurance for care in fetal distress
Cesarean birth, participation of the client and her family
Knowledge, early detection and treatment of benign and precancerous disorders
(includes protocol for speculum examination), The health guide for sexuality and
intimacy
Bio- psycho-social adaptations Malignant tumors in the female reproductive tract
Instruction of Sexual health and family planning
Violence Detection & Care Program
Quality of Life in women with Perineal Floor Dysfunction
Quality of Life – Third Stage of Life
Wellness: Post gynecologic surgeries
Coping and hope for ity/infertility issues

Required Reading:

1. Davidson, M.R, Ladewig, P.A., & London, M.L (2012/2016). Olds' Maternal-Newborn Nursing & Women's Health Across the Lifespan. New Jersey, NJ: Pearson Prentice Hall.
 2. Hinkle, J.L., & Cheever, K.H. (Eds.) (2014). Brunner & Suddarth's Textbook of Medical-Surgical Nursing (13th ed.). Philadelphia: Lippincott Williams & Wilkins
- An article: Nypaver, C., Arbour, M. Niederegger, E. (2015). Preconception Care: Improving the Health of Women and Families. Journal of Midwifery & Womens Health, 6, 356–364.
- Protocols as is mention in the Syllabus

Additional Reading Material:

Course/Module evaluation:

End of year written/oral examination 100 %

Presentation 0 %
Participation in Tutorials 0 %
Project work 0 %
Assignments 0 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

Additional information:

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