



The Hebrew University of Jerusalem

Syllabus

MENTAL HEALTH NURSING - 91435

Last update 05-10-2021

HU Credits: 5

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: Nursing - Ein Kerem

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Ein Karem

Course/Module Coordinator: Mrs. Svet Verhovskiy
Mr. Moshe Shauli
ms.Odelia ben harush

Coordinator Email: svetv@hadassah.org.il

Coordinator Office Hours: monday 13:00-15:00

Teaching Staff:

Ms. Svet VERECOVSKI,
Mr. Moshe Shauli,
Mr. ,
Ms. odelia ben-harush,
Ms. Reut Houminer,
Mr. Moshe Wolf

Course/Module description:

The course will focus in teaching common mental health disorders over the lifespan, the legal and ethical aspects and principles of nursing mental health care in acute and chronic conditions,during hospitalization and community care.

Course/Module aims:

- 1.Broadening the knowledge base and nursing skills pertaining to Mental Health Nursing.
- 2.Acquiring basic skills of theraputic communication and client-nurse relationship while caring for the mentally disabled person.
- 3.developing skills of the nursing process suitable for the mental health field.
- 4.Recognition of the laws, regulations and protocols as well as ethical issues pertaining to mental health patients.

Learning outcomes - On successful completion of this module, students should be able to:

- 1.Have the ability to differentiate between the continuum of mental health and illness according to professional definitions and descriptions.
- 2.Explain symptoms of mental disorders and the implication on wellbeing and life quality for the patient and its family
- 3.Note the appropriate data assessment obtained from clients, family members,
- 4.documents and laboratory findings that are utilized for the basis of treatment
- 5.Choose and explain the appropriate treatment approach for the client / family in various mental health situations
- 6.Note situations that require action according to the law

Attendance requirements(%):

100

Teaching arrangement and method of instruction: *Frontal lectures
*e-learning(sync.a-sync,hybrid)

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- *clinical case studies
 - * self learning by interactive lessons.
 - *meeting with psychiatric services customers

Course/Module Content:

- 1.Significant characteristics of approach and methods in mental health diagnosis and treatment in a historical perspective
- 2.Diagnosis and classification of mental health disorders, signs and symptoms and mental status assessment.
- 3.Coping strategies of a patient with Schizophrenic and other psychotic disorders
- 4.Coping strategies of a patient with Mood disorders
- 5.coping strategies of a patient with anxiety and stress related disorders
6. coping strategies of a patient with eating disorder
7. coping strategies of a patient with alcohol and/or substance use disorder.
8. coping strategies of the patient with personality disorder
- 9.coping strategies of neurocognitive and psychoorganic disorder.
- 10.psychopharmacologie, E.C.T, and health promotion.
- 11.Dynamic, supportive, behavioral, biologic treatment approaches.
- 12.therapeutic patient-nurse relationship.
- 13.Approaches in nursing interventions related to specific clinical situations.
- 14.recovery and rehabilitation of the mentally disabled person in the community settings.
- 15."Laws and Regulations Pertaining to Mental Health Patients". "Disability Laws of the Mental Health Patients in the Community". Legal/Ethical aspects of the nursing care to the mentally ill as per the laws and regulation.
- 16.Emergencies in psychiatry, The national suicide prevention program.

Required Reading:

- Townsend, M. C. (2018). *Psychiatric Mental Health Nursing: Concepts of Care in Evidence-Based Practice* (9th ed.), Philadelphia, PA; Davis Co.
- Townsend, M.C. (2018). Relationship development In Townsend, M.C (Ed.) *Psychiatric mental health nursing* (9th ed) (Chap.7 pp.134-145) Philadelphia: Davis.
- Townsend, M.C. (2018). Therapeutic communication In Townsend, M.C (Ed.) *Psychiatric mental health nursing* (9th ed) (Chap.8 pp.147-161) Philadelphia: Davis
- American Psychiatric Association. (2013). *DSM 5*. Washington, DC: Author

• חוק הטיפול בחולה נפש (1991). מתוך :

http://www.health.gov.il/download/forms/a2811_mentallaw91.doc

• חוק שיקום נכי נפש בקהילה וסל שיקום (תש"ס-2000). מתוך :

<http://www.knesset.gov.il/laws/heb/fileD.asp?Type&eq;1&SubNum&eq;8&LawNum&eq;1746>

• חוזר המנהל הכללי 10/2018 הגבלה מכנית ובידוד מטופלים באשפוז פסיכיאטרי

נהלים לטיפול בחולה נפש: טיפול בנזעי חשמל, הסתכלות מיוחדת, השגחה מיוחדת, בידוד, קשירה,
העברת חולה ממחלקה למחלקה באופן קבוע. מתוך:
http://www.health.gov.il/download/forms/a2235_mr40_96.pdf

Additional Reading Material:

Comerford, K. (Ed.) (2018). *Nursing Drug Handbook*. Philadelphia, PA: Wolters.ed

לכמן, מ. והדס לידור, נ. (2007). בדרך אל ההחלמה- שיקום ושילוב אנשים עם מוגבלויות נפשיות בקהילה. מתוך הדס לידור, נ. לכמן, מ. (עורכים). שיקום והחלמה בבריאות הנפש. כפר יונה. ליתם מוניץ, ח. (עורך). (2016). פרקים נבחרים בפסיכיאטריה. מהדורה שישית. תל אביב: דיונון "ספרון כיס לשומר סף". משרד הבריאות

Kaplan, I.D., & Sadock, J.B. (2014). *Kaplan & Sadock's synopsis of psychiatry (11th ed)* Philadelphia: Lippincott Williams & Wilkins.

אתר הרשות למלחמה בסמים

<http://www.antidrug.gov.il/template/default.asp?maincat&eq;21>

Course/Module evaluation:

End of year written/oral examination 100 %

Presentation 0 %

Participation in Tutorials 0 %

Project work 0 %

Assignments 0 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information:

final exam is 100% of the final grade in the course.

passing grade 60.

The exam will include 50 multiple choice questions.

the exam will have first and late date.