



# *The Hebrew University of Jerusalem*

## *Syllabus*

### ***NUTRITION INSECURITY AND ITS PREVENTION - 73979***

*Last update 12-03-2024*

*HU Credits:* 1

*Degree/Cycle:* 2nd degree (Master)

*Responsible Department:* Nutritional Sciences - International Prog.

*Academic year:* 0

*Semester:* 2nd Semester

*Teaching Languages:* English

*Campus:* Rehovot

*Course/Module Coordinator:* Dr. Aliza Inbal

*Coordinator Email:* [alizainb@gmail.com](mailto:alizainb@gmail.com)

*Coordinator Office Hours:* By appointment via email

*Teaching Staff:*

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Dr. Aliza Inbal Belman

Course/Module description:

The course will explore how governments in developing countries and the donors and organizations that work with them approach food insecurity and malnutrition challenges. The course will delve into the wide range of factors underlying food insecurity, including poverty, inequality, conflict and climate change and explore approaches to mitigating these factors. It will outline policy and programmatic alternatives for addressing immediate and underlying causes of food insecurity and malnutrition and will present the evidence on what works, what doesn't, and why. The course will also familiarize students with the main international organizations dealing with food security and malnutrition globally. Finally, it will take an in-depth look at the impact of COVID-19 on food security.

Course/Module aims:

To provide students with an in-depth understanding of the range of approaches and actors involved in global efforts to significantly reduce incidence of hunger and malnutrition.

Learning outcomes - On successful completion of this module, students should be able to:

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Understand how to diagnose the primary drivers of malnutrition and food insecurity in different contexts and to propose policy solutions for addressing them. Analyze food security challenges using a systems approach taking into account all the elements, their relationships and related effects. Understand the complexity of ensuring food security in fragile settings. Demonstrate an awareness of the principle global nutrition actors and their roles.

Attendance requirements(%):

100

Teaching arrangement and method of instruction: Lectures

Course/Module Content:

1. Theoretical models of food security

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2. Policy approaches to food availability and access
  3. Resilience
  4. Policy approaches to combatting malnutrition
  5. Food security in contexts of crisis and fragility.

Required Reading:

TBA

Additional Reading Material:

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 80 %

Active Participation / Team Assignment 20 %

Additional information:

Required readings will be shared with the class at the first session. All will be publicly available by internet.