

# The Hebrew University of Jerusalem

Syllabus

## NUTRITION INSECURITY AND ITS PREVENTION - 73979

Last update 05-01-2022

HU Credits: 1

<u>Degree/Cycle:</u> 2nd degree (Master)

Responsible Department: Nutritional Sciences - International Prog.

Academic year: 0

Semester: 2nd Semester

Teaching Languages: English

Campus: Rehovot

Course/Module Coordinator: Dr. Aliza Inbal

<u>Coordinator Email: alizainb@gmail.com</u>

Coordinator Office Hours: By appointment via email

Teaching Staff:

## Dr. Aliza Inbal Belman

## Course/Module description:

The course will explore how governments in developing countries and the donors and organizations that work with them approach food insecurity and malnutrition challenges. The course will delve into the wide range of factors underlying food insecurity, including poverty, inequality, conflict and climate change and explore approaches to mitigating these factors. It will outline policy and programmatic alternatives for addressing immediate and underlying causes of food insecurity and malnutrition and will present the evidence on what works, what doesn't, and why. The course will also familiarize students with the main international organizations dealing with food security and malnutrition globally. Finally, it will take an in-depth look at the impact of COVID-19 on food security.

### Course/Module aims:

To provide students with an in-depth understanding of the range of approaches and actors involved in global efforts to significantly reduce incidence of hunger and malnutrition.

<u>Learning outcomes - On successful completion of this module, students should be able to:</u>

On successful completion of this module, students should be able to: Understand how to diagnose the primary drivers of malnutrition and food insecurity in different contexts and to propose policy solutions for addressing them. Analyze food security challenges using a systems approach taking into account all the elements, their relationships and related effects. Demonstrate an awareness of the principle global nutrition actors and their roles.

## Attendance requirements(%):

100

Teaching arrangement and method of instruction: Lectures

## Course/Module Content:

- 1. Theoretical models of food security
- 2. Policy approaches to food availability and access

- 3. Resilience
- 4. Policy approaches to combatting malnutrition

## Required Reading:

- 1. IFPRI, 2021. IFPRI Global Food Policy Report, Chapters 3 & 5 IFPRI, 2021.
- 2. Tokyo compact on Global Nutrition for Growth
- 3. State of Food Insecurity and Nutrition in the World Report 2021, Chapter 3.

## <u>Additional Reading Material:</u>

#### Course/Module evaluation:

End of year written/oral examination 85 % Presentation 0 % Participation in Tutorials 15 % Project work 0 % Assignments 0 % Reports 0 % Research project 0 % Quizzes 0 % Other 0 %

#### Additional information:

The required readings are all publicly available and easily found through an internet search.