



The Hebrew University of Jerusalem

Syllabus

MULTICULTURAL PSYCHOLOGY - 51998

Last update 03-03-2015

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Novis Deutsch

Coordinator Email: nurit.novis@gmail.com

Coordinator Office Hours: Tuesdays 14:10 - 15:10

Teaching Staff:

Dr. Nurit Novis-Deutsch

Course/Module description:

The course opens with an introduction describing the general principles and main theories in cross-cultural and cultural psychology as a field of research. We then discuss several topics which bear on multi-cultural therapy (parenting, happiness, values, morality and personality. Finally we discuss directly issues of cultural diversity in the therapeutic setting, including immigration, diagnosis, psychopathology, and cultural sensitivity.

Course/Module aims:

Learning about cultural paradigms within the field of psychology both in research and in therapy.

Learning outcomes - On successful completion of this module, students should be able to:

- Read and critique research which is not culturally sensitive.
- Analyze and assess cross cultural or cultural research.
- distinguish cultures by various dimensions.
- become a more culturally-sensitive and aware therapist.

Attendance requirements(%):

95%

Teaching arrangement and method of instruction: - Frontal teaching with and without PPTs, including use of varied multimedia.

- Class discussions
- Class exercises.
- Personal reflection and introspection about cultural prejudice.
- Sharing clinical experience,
- Working in pairs and groups.

Course/Module Content:

Introduction: Between cross cultural and cultural psychology (classes 1-2),
Theoretical frameworks: Self, identity, cultural dimensions and values (classes 3-4),
Cultural differences and their impact on the individual - four case studies:
personality, morality, parenting and subjective well being and how each of these may be expressed in the clinical setting(Classes 5-7)

The immigration experience and meeting immigrants in therapy. (class 8)
Psychopathology from a cultural perspective (class 9)
Multicultural therapy - some general principles to keep in mind. Examples to be discussed pertain to clients from an Arab, Russian, Ethiopian and Ultra Orthodox background.(classes 10-11)
Experiential practice of meeting people from other cultures (with Dr. Daniel Marom) - classes 12-13
Conclusion.(class 14)

Required Reading:

class 2:

Gladwell, M. (2008). Chapter 6, pp. 161-177.

Edge : What scientific idea is ready for retirement 2014? Pascal Boyer and Laura Betzig: Culture.

optional:

Griswald (2008). Culture and the cultural diamond.

class 3:

Henrich, J., Heine, S. J., & Norenzayan, A. (2010). The weirdest people in the world. *Behavioral and Brain Sciences*, 33(2-3), 61-83.

Optional:

Marcus, H. and Kitayama, S. (2003), *Culture, self and the reality of the social*.

class 4:

• Lancy, D. F. (2007): Accounting for variability in mother-child play. *American Anthropologist* 112(2).

• Dwairy, M. (2006) Parenting styles in Arab societies. *Journal of cross-cultural psychology*.

class 5:

Tseng, W.s. (1999). *Culture and psychotherapy: Review and practical guidelines*. *Transcultural Psychiatry* 36(2): 131-171.

class 6:

מרגולין, וויצטום, א. (2009). תסמונות נפשיות תלויות תרבות בישראל. *Medicine - פסיכיאטריה*, 13, עמ' 16-27

גריסרו, נ. (2009). ד"ר, יש לי תולעים בראש, שם, עמ' 28-33.

class 7:

Cardemil, E. V. & Battle, C. L. (2003) Guess who's coming to therapy? Getting comfortable with conversations about race and ethnicity in psychotherapy. *Professional Psychology: Research and Practice*, 34, 278-286.

class 8:

בילו, י. (2009), "את יודעת איך אומרים פסיכולוגיה במרוקאית?" עמ' 169-175.

class 9:

יובל, י. (2001). אויב בחדר, בתוך "סערת נפש" עמ' 85-119.

ג'ראיסי, ע. (2013) טיפול פסיכוסוציאלי בחברה הערבית. פרק 23 בתוך חובב, מ. לוונטל, א. וקטן, י. (עורכים) עבודה סוציאלית בישראל. עמ' 506-526.

רשות:

Dwairy, M. (2009) *Culture analysis and metaphor psychotherapy with Arab-Muslim clients*

class 10:

Benish-Weisman, M., & Horenczyk, G. (2010). Cultural identity and perceived success among Israeli immigrants: An emic approach. *International Journal of Intercultural Relations*, 34, 516-526.

class 11:

בילו, י. וויצטום, א. (1994) "הציץ ונפגע", אלפיים, 9, עמ' 21-39.

class 12:

Hess, E. (2014) *The centrality of guilt - working with Ultra-Orthodox patients in Israel*. *The American journal of Psychoanalysis* 74, 262-279.

דיין, ח. (2015). כשהתנגדות לטיפול עטופה בטלית.

last class:

נוביס-דויטש, נ. (2008). מורשת פרויד והפסיכולוגיה היהודית. בתוך: בלס, גינצברג וכרמלי (עורכים). מורשת פרויד בין מדע לאומנות, עמ' 13-31

Additional Reading Material:

- Berry, J.W. (2002). *Introduction to cross-cultural psychology*. In J.W. Berry, J.H. Poortinga, M.H. Segall, & P.R. Dasen (eds.). *Cross-Cultural Psychology: Research and Applications* (2nd ed). Cambridge: Cambridge University Press.
- Kitayama, S., & Cohen, D. (Eds.). (2010). *Handbook of cultural psychology*. Guilford Press – Introduction.
- Shweder, R.A. (1991). *Thinking through Cultures: Expeditions in Cultural Psychology*. Cambridge: Harvard University Press.
- Kagitcibasi, C. & Poortinga, Y.H. (2000). *Cross-cultural psychology: Issues and overarching themes*. *Journal of Cross-cultural Psychology*, 31 (3), 129-147.

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- Gelfand, M. J., Raver, J. L., Nishii, L., Leslie, L. M., Lun, J., Lim, B. C., ... & Yamaguchi, S. (2011). Differences between tight and loose cultures: A 33-nation study. *Science*, 332(6033), 1100-1104
 - Triandis, H.C. (2001). Individualism and Collectivism: Past, Present and Future. In D. Matsumoto (ed) *The Handbook of Culture & Psychology* (pp.35-50). Oxford: Oxford University Press
 - Markus H. & Kitayama, S. (2003). Culture, Self, and the Reality of the Social. *Psychological inquiry* 14.3-4: 277-283
 - Lindholm, C (1997): Does the Sociocentric Self Exist? Reflections on Markus and Kitayama's "Culture and the Self". *Journal of Anthropological Research*, Vol. 53, 4, 405-422.

 - Phinney, J. S., Berry, J. W., Vedder, P., & Liebkind, K. (2006). The Acculturation Experience: Attitudes, identities, and behaviors of immigrant youth. In: *Immigrant Youth in Cultural Transition: Acculturation, identity, and adaptation across national contexts*, 71-116.

 - Schwartz, S.H. (1999). A Theory of Cultural Values and Some Implications for Work. *Applied Psychology: An International Review*, 48(1), 23-47.
 - the and ,change cultural ,Modernization .(2000) .E .W ,Baker & ,.R ,Inglehart • persistence of traditional values. *American sociological review*, 19-51.

 - Gurven, M., von Rueden, C., Massenkoff, M., Kaplan, H., & Lero Vie, M. (2013). How universal is the Big Five? Testing the five-factor model of personality variation among forager-farmers in the Bolivian Amazon. *Journal of personality and social psychology*, 104(2), 354.
 - Hofstede, G., & McCrae, R. R. (2004). Personality and culture revisited: Linking traits and dimensions of culture. *Cross-cultural research*, 38(1), 52-88.

 - Benet-Martínez, V., & Haritatos, J. (2005). Bicultural identity integration (BII): Components and psychosocial antecedents. *Journal of personality*, 73(4), 1015-1050.
 - Berry, J. (1992). Acculturation and adaptation in a new society. *International Migration Quarterly Review*, 30, 69-85.
 - Berry, J. W., Phinney, J. S., Sam, D. L., & Vedder, P. (2006). Immigrant Youth: Acculturation, identity, and adaptation. *Applied Psychology: An International Review*, 55, 303-332.
 - Townsend, S. S., Major, B., Sawyer, P. J., & Mendes, W. B. (2010). Can the absence of prejudice be more threatening than its presence? It depends on one's worldview. *Journal of personality and social psychology*, 99(6), 933.
 - Paluck, E. L., & Green, D. P. (2009). Prejudice reduction: What works? A review and assessment of research and practice. *Annual review of psychology*, 60, 339-367.

 - Graham, J., Nosek, B. A., Haidt, J., Iyer, R., Koleva, S., & Ditto, P. H. (2011).

Mapping the moral domain. *Journal of personality and social psychology*, 101(2), 366.

- Fadiman, A. (2012). *The spirit catches you and you fall down: A Hmong child, her American doctors, and the collision of two cultures*. Farrar Straus & Giroux
- Shiraev, E. & Levy, D. (2012) Chapter 9: *psychological disorders*. In: *Cross-Cultural Psychology: Critical Thinking and Contemporary Applications*. 5th Edition.
- Dwairy, M., Achoui, M., Abouserie, R., & Farah A. (2006). Parenting styles, individuation, and mental health of Arab adolescents: A third cross-regional research study. *Journal of Cross-Cultural Psychology*, 37(3), 262-272.
- בן-דוד, ע. (1999). טיפול רגיש תרבות. בתוך: ק. רבין (עורכת), להיות שונה בישראל - מוצא עדתי ומין בטיפול בישראל. (עמ' 273-282). תל-אביב: אוניברסיטת תל-אביב- רמות.
- R, Zenk & ,L, Angermeier ,.E.B ,Kanitz ,.W.D ,Mendoza ,.R.C ,Ridley (1994). Cultural sensitivity in multicultural counseling: A perceptual schema model. *Journal of Counseling Psychology*, 41(2), 125-136.
- BenEzer, G. (2012). From Winnicott's potential space to mutual creative space: A principle for intercultural Psychotherapy. *Transcultural Psychiatry*, 49(2) 323-339.
- Maples, M.F., Dupey, P., Torres-Rivera, E., Phan, L.T., Varen, L., & Garrett, M.T. (2001). Ethnic diversity and the use of humor in counseling: Appropriate or inappropriate? *Journal of Counseling & Development*, 79, 53-60.
- Sue, D. W. (2012). *Counseling the culturally diverse: Theory and practice*. John Wiley & Sons. Chapter 3: Multicultural counseling competence for minority group therapists. pp. 57-86
- שורצמן, א. (2007). רופא לבן אלים שחורים: רפואת נפש מערבית בג'ונגל של אפריקה. תל אביב: אריה ניר.
- Rotter, J. C., Hawley, L. D. (1998). Therapeutic approaches with immigrant families. *The Family Journal: Counseling and Therapy for Couples and Families*, 6, 219-222.
- שבתאי מ. (2001). לחיות עם זהות מאוימת. חוויות החיים עם שוני בצבע עור בקרב צעירים ומתבגרים יוצאי אתיופיה בישראל. מגמות, מ"א, 97-112.
- יונגמן, ר., מינוצין-איציקסון, ש., זרה, מ. וזילבר, נ. (1998). ביטויים של מצוקות נפשיות בקרב יהודי אתיופיה. חברה ורווחה, י"ח(1), עמ' 95-75
- ברגר, ר. (1999). עולים מחבר העמים: אפיונים, דרכים ועקרונות התערבות", בתוך ק. רבין (עורכת), להיות שונה בישראל: מוצא עדתי ומין בטיפול בישראל (עמ' 97-119). תל אביב: רמות.
- פינקלשטיין, מ., וסלומון, ז. (2007). חשיפה לטראומה מדברת והשפעותיה על עולי אתיופיה, חברה ורווחה, כ"ז(4), עמ' 527-549.
- ויצטום, א., וגודמן, י. (2003). הפרעה, סיפור, טיפול: התערבות אסטרטגית נרטיבית רגישת תרבות באוכלוסייה חרדית. בתוך א. לשם, וד. רואר-סטריאר (עורכים), שונות תרבותית כאתגר לשירותי אנוש (עמ' 275-309). ירושלים: מאגנס.
- נוסבאום, ת., ושפיגלמן ר., (2012). רגישות תרבותית של מטפלים שאינם דתיים בעבודה עם ילדים והורים חרדים. מתוך ק. קפלן ונ. שטדלר (עורכות) מהישרדות להתבססות: תמורות בחברה החרדית בישראל ובחברה. ירושלים: מכון ון ליר.

Course/Module evaluation:

End of year written/oral examination 0 %

Presentation 0 %

Participation in Tutorials 0 %

Project work 80 %

Assignments 20 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information: