



The Hebrew University of Jerusalem

Syllabus

Treatment in the Charedi Community A - 51990

Last update 25-10-2022

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Hadar Arnon

Coordinator Email: hadar.arnon1@mail.huji.ac.il

Coordinator Office Hours: Tuesdays 12:00

Teaching Staff:

Prof Jonathan Huppert

Course/Module description:

In this course, we will discuss various issues, conflicts, or dilemmas that arise when addressing mental health issues in the charedi/ultra-orthodox community. Given the uniqueness of the community, and the variability within it, there are many issues that arise. Topics include: manifestations of psychopathology in the charedi community, how to adapt various forms of treatment, how to deal with issues of language, coping with abuse and disclosure, medications and shidduchim, sexuality, and other issues that come up in the course of treatment.

Course/Module aims:

The goals of the course are to provide the student with a textured, complex look at issues of treatment of mental health issues within the charedi community. An additional goal is to have each student be able to take both an outsider's and insider's perspective when considering these issues, and to be able to describe the conflicts that exist for the patient and from where they derive.

Learning outcomes - On successful completion of this module, students should be able to:

At the end of the course, the student should be able to: describe the issues that are common to the charedi community and others and those that are potentially unique to the charedi community. The student should be able to extrapolate from the issues covered in class to other issues that could arise. The student should be able to delineate the outsider's and the insider's perspectives and how these can lead to both conflicts and resolutions.

Attendance requirements(%):

100

Teaching arrangement and method of instruction: The class will be taught via frontal lectures and discussions, with most lectures delivered by mental health professionals who have extensive experience in working with the charedi community.

Course/Module Content:

*Introduction
Manifestations of psychopathology in the charedi community
Child and spousal abuse and neglect: an unspoken topic*

Language in therapy with the charedi patient
Treating charedi families: adjustments and considerations
Treatment of scrupulosity- religiously based obsessions and compulsions
Treatment of children with behavioral disorders and parent training
Treating the charedi psychotic patient
Social anxiety and its manifestations in charedi men and women
Medications and shidduchim
Homosexuality: what is the best way to address the issue with the charedi patient?
Postpartum issues- dealing with postpartum depression and anxiety in charedi women
being a charedi psychodynamic therapist or patient: issues of guilt and beyond

Required Reading:

Huppert, J. D., Siev, J., & Kushner, E. S. (2007). When religion and obsessive-compulsive disorder collide: Treating scrupulosity in ultra-orthodox Jews. *Journal of Clinical Psychology*, 63(10), 925-941.
ר' יהודה פתיה. מנחת יהודה, רוחות מספרות. עמ' 127-156.

Bonovitz, C. (2005) Locating Culture in the Psychic Field: Transference and Countertransference as Cultural Products. In: *Contemporary Psychoanalysis*, 41:55-76

Gedo, J.E. (1975) Forms of Idealization in the Analytic Transference. In: *Journal of the American Psychoanalytic Association*, 23:485-505.

דהאן, נ. ולוי, צ. (2011). התעללות רוחנית: המשגה ראשונית בעקבות קבוצה טיפולית חרדית. חברה ורווחה לא (1), עמ' 7-27.

חברי הפורום של הפסיכולוגים החינוכיים העובדים במגזר החרדי. עבודת הפסיכולוג החינוכי במגזר החרדי: קווים מנחים. (2013)

שפי, ישי (2008). הקמת שפ"ח במגזר החרדי והפעלתו. פסיכולוגיה חינוכית בחברה רב-תרבותית (עורך: גבי וייל). משרד החינוך: ירושלים.

Spitzer, R. L. (2003). Can some gay men and lesbians change their sexual orientation? 200 participants reporting a change from homosexual to heterosexual orientation. *Archives of sexual behavior*, 32(5), 403-417.

Spitzer, R. L. (2012). Spitzer reassesses his 2003 study of reparative therapy of homosexuality. *Archives of sexual behavior*, 1-1.

Additional Reading Material:

Huppert, J.D., & Siev, J. (2010). Treating Scrupulosity in Religious Individuals Using Cognitive-Behavioral Therapy. Cognitive and Behavioral Practice, 17, 382-392

Grading Scheme:

Additional information: