

## *The Hebrew University of Jerusalem*

### *Syllabus*

## ***RES. SEM: POST TRAUMA-ETIOLOGY THERAPY COURSE - 51976***

*Last update 28-09-2016*

*HU Credits:* 4

*Degree/Cycle:* 2nd degree (Master)

*Responsible Department:* psychology

*Academic year:* 0

*Semester:* Yearly

*Teaching Languages:* Hebrew

*Campus:* Mt. Scopus

*Course/Module Coordinator:* Eytan Bachar

*Coordinator Email:* [bachare@mscc.huji.ac.il](mailto:bachare@mscc.huji.ac.il)

*Coordinator Office Hours:* Sunday, 10:00-10:45

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Teaching Staff:

Prof Eytan Bachar

Course/Module description:

The course will discuss the current trends in PTSD research. In the end of the first part of the semester and continuing in the second part of the semester, each student will submit their proposals for a seminar paper (quantitative or theoretical) relating to research in PTSD.

Course/Module aims:

The course aims to help and accompany the writing of a seminar paper in post trauma.

Learning outcomes - On successful completion of this module, students should be able to:

1. To plan an empirical longitudinal study to identify changes in the reaction to traumatic events.
2. To plan an epidemiological survey identifying distress signals in the population.
3. To analyze the three basic symptoms over time.
4. Analyzing the relationship between symptom severity at onset, and prognosis of the disorder.
5. Suggesting different therapeutic strategies for different stages in the course of the disorder.

Attendance requirements(%):

80

Teaching arrangement and method of instruction: Assignments, Lectures and Seminar.

Course/Module Content:

Trauma and its Challenge to Society.

Stress versus Traumatic Stress.

Resilience, Vulnerability, and the Course of Posttraumatic Reactions.

The Complexity of Adaptation to Trauma.

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*Conservation of Resources Theory: Its implications for Stress, Health and Resilience.*

*Narcissistic Vulnerability & PTSD development.*

*The stress of a society under continues terror attacks.*

**Required Reading:**

van der Kolk, Bessel A. (Ed); McFarlane, Alexander C. (Ed); Weisaeth, Lars (Ed), (1996). *Traumatic stress: The effects of overwhelming experience on mind, body, and society*. New York, NY, US: Guilford Press, xxv, 596 pp.

□ *Trauma and its Challenge to Society (chapter 2)*

□ *Stress versus Traumatic Stress (chapter 4)*

□ *Resilience, Vulnerability, and the Course of Posttraumatic Reactions (chapter 8)*

□ *The Complexity of Adaptation to Trauma (chapter 9)*

Hobfoll, S.E. (2011). *Conservation of Resources Theory: Its implications for Stress, Health and Resilience*. In Folkman, S. (Ed), *The Oxford Handbook of Stress, Health and Coping*. New York, NY, US: Oxford University Press, Inc. 127-147.

Bachar, E., Hadar H, & Shalev, A. (2005). *Narcissistic vulnerability and the development of PTSD: a prospective study*. *The Journal of Nervous and Mental Disease*, 193(11):762-765.

E. Zomer, & A. Bleich (2005). *Introduction – the stress of a society under continues terror attacks*. In: E. Zomer and A. Bleich (Eds). *Early interventions after disasters and terrorism: The Israeli experience*, Ramot, Tel-Aviv University Press (in Hebrew).

Cahill, S. P., & Foa, E. B. (2007). *Psychological theories of PTSD*. *Handbook of PTSD: Science and practice*, 55-77.

King, L. A. (2014). *Risk pathways for PTSD: Making sense of the literature*.

**Additional Reading Material:**

**Course/Module evaluation:**

*End of year written/oral examination 0 %*

*Presentation 0 %*

*Participation in Tutorials 20 %*

*Project work 80 %*

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*Assignments 0 %*  
*Reports 0 %*  
*Research project 0 %*  
*Quizzes 0 %*  
*Other 0 %*

*Additional information:*