Syllabus

THE GOOD ENOUGH CARE - WINNICOTT AND BOWLBY - 51947

Last update 22-09-2013

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 2

Semester: Yearly

Teaching Languages: HEBREW

Campus: Mt. Scopus

Course/Module Coordinator: Nurit Yirmiya

Coordinator Email: BowlblyWinnicott@gmail.com

Coordinator Office Hours: Wed. 14:00-14:30 and by appointment

Teaching Staff:
Prof Nurit Yirmiya
Course/Module description:
In this course we will study selected papers written by Bowlby and Winnicott and their followers in relation to "Good enough" parenting and psychotherapy.

Course/Module aims:
Introduction to Bowlby and Attachment theory.

The 4 attachment working models/styles in childhood and throughout the life span.

Introduction to Winnicott and his developmental and clinical theories.

Application of the developmental and clinical theories of Bowlby and Winnicott to ongoing clinical work.

Learning outcomes - On successful completion of this module, students should be able to:
Formulate and explain the developmental theory proposed by Winnicott.

Formulate and explain the principles of Bowlby's Attachment theory.

Integrate attachment based developmental theory and treatment techniques into psychotherapy.

Integrate Winnicottian perspectives and treatment techniques into ongoing psychotherapy.

Evaluate the contributions of Bowlby and Winnicott compared to selected aspects of the earlier classical psychoanalytic theories of Freud and Klein.

Attendance requirements(%):
90%

Teaching arrangement and method of instruction: Weekly reading assignment.

Weekly written assignment relating to the reading assignment,

Class discussions.

Movies.
Exercises.

Course/Module Content:
  
  Historical background.
  
  Bowlby - the person
  
  Bowlby - the foundation of attachment theory.
  
  Attachment in infancy and early childhood.
  
  Attachment in childhood and adolescence.
  
  Attachment in adulthood.
  
  Clinical applications of attachment theory.
  
  Winnicott - the person.
  
  Winnicott - The developmental theory.
  
  Winnicott - the clinical theory.

Required Reading:
  


Additional Reading Material:


**Course/Module evaluation:**
- End of year written/oral examination 0 %
- Presentation 0 %
- Participation in Tutorials 25 %
- Project work 50 %
- Assignments 0 %
- Reports 25 %
- Research project 0 %
- Quizzes 0 %
- Other 0 %

**Additional information:**
Prior to each class, students are expected to read the assigned reading materials and to write a short commentary relating the reading materials to their own going clinical case. The written commentary should also include thoughts and questions that the students may have and NOT a summary of the reading materials.

Written assignments should be sent to Prof. Yirmiya at BowlbyWinnicott@gmail.com by Friday noon before each class. Please make sure that you have your name and page number as a header on your assignment and that your file name includes your name and the assignment number. For example Nurit1.doc for the first assignment.