Syllabus

SHORT-TERM DYNAMIC PSYCHOTHERAPY - 51830

Last update 21-10-2015

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Prof. Gaby Shefler

Coordinator Email: gaby.shefler@mail.huji.ac.il

Coordinator Office Hours: Sunday, 14.10-14.40

Teaching Staff:
   Prof Gaby Shefler
Course/Module description:
After reviewing the empirical research base of TLP, a full scale TLP case will be presented. History, development and common ingredients of STDP’s will be discussed. Then Mann's TLP model will be studied in details: patients selection, Formulating the Central Issue, and termination. one session will discuss STDP with children and adolescents.

Course/Module aims:
Acquaintance with the basic ideas and concepts of STDP and TLP in Mann's technique.

Learning outcomes - On successful completion of this module, students should be able to:
To understand and to be able to describe TLP and STDP.

Attendance requirements(%):
Attendance is required.

Teaching arrangement and method of instruction: Frontal lectures
Case presentations
Exercising basic concepts

Course/Module Content:
Notice: Under each title of session there are the numbers of reading items from the list attached in the "required Reading" section (the next one)

Session 1
Research in STDP

Required reading
45

Session 2
Case presentation of Time Limited Psychotherapy

Session 3
Required reading
Introduction, History and common bases in STDP
5 Chapter of J. Mann 9-16
5 Chapter of Shefler 19-24
52 or 54, First Chapter
3
4
Additional reading
39
14 1-10
11 12-16
8

Session 4
Time-Limited psychotherapy by James Mann's model part A
Required reading
52 or 54 Second chapter
Additional reading
One of the Following:
28 (warmly recomended)
30,31,32

Session 5
Time-Limited psychotherapy by James Mann's model part B
Additional reading
52 or 54 case illustrations

Session 6
Evaluation, Selection Criteria, Indications and Contra-indications for TLP
Required reading
28- 72-79
1 - 233-250
Additional reading
31- 55-62
10
12

Session 7
Opening Phase by Central Issue, therapeutic agreement
Required reading
31 -19-40
Additional reading
9
18
34
11- 33-42.

Session 8
Practice in formulation of Central issue
Required reading
31-19-40.
Additional reading

9
Case presentation part A
Required reading
29
Additional reading

Session 10
Case presentation part B

Session 11
Termination Of TLP
Required reading
44
19
Additional reading
36

Session 12
Time Limited psychotherapy with Children and Adolescents
Required reading
21
35
41
47 (in Hebrew) or 51 (in English)
Additional reading
16
42
43

Required Reading:
עיסויים דינמיים קצרים מועדף
פרופ' גבי שפלר
GetInstance.Instance.44
טל: בית 510-6420195
msshef@mscc.huji.ac.il

getInstance}


London: Jason Aronson Inc.
61. אוסטרוויל זהבה, תצפית פעילה: טיפול קצר מועד בילדים. מורת פ０תור ומקהל פطفال פסיכולוגי בילד ובסביבתו. עמודים 147-169. הוצאת שוקן, ירושלים תל אביב.

Additional Reading Material:
In the course contents it is very explicit what is required to read and what is additional reading materials for enriching.

Course/Module evaluation:
End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 20 %
Project work 80 %
Assignments 0 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

Additional information: