



The Hebrew University of Jerusalem

Syllabus

Advanced Psychotherapy - Psychodynamic - 51825

Last update 11-08-2023

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Eytan Bachar

Coordinator Email: eytan.bachar@mail.huji.ac.il

Coordinator Office Hours: Sunday, 10:00-10:45

Teaching Staff:

Prof Eytan Bachar

Course/Module description:

In this course we will learn about the development of the four psychoanalytic psychotherapy models so that they will enhance the analysis of the therapeutic session from different perspectives. Two students will present in the latter third of the semester therapeutic sessions which will be analyzed according to the four psychoanalytic psychotherapy models.

Course/Module aims:

The objective of the course is to equip the students with a map of the different psychoanalysis approaches and the points of view that each approach adds to the treatment process.

Learning outcomes - On successful completion of this module, students should be able to:

- 1. To identify which of the 4 steps in the development of psychoanalysis: drive-defense, object relations, self psychology, or relational psychoanalysis, best explains a given therapeutic session.*
- 2. To be able, upon reading a given psychotherapeutic session, to point to one of the four theoretical models that could govern its handling.*
- 3. To be able upon reading a given psychotherapeutic session to decide which theoretical model best fits the given developmental phase the patient is in.*
- 4. Analyze resistance from each of the 4 theoretical models.*
- 5. Analyzing the role of counter transference in handling the therapeutic session in each of the four theoretical models.*

Attendance requirements(%):

80

Teaching arrangement and method of instruction: Lecture.

Course/Module Content:

The drive defense module

Object relations model

Self psychology model

Relational intersubjective model

Required Reading:

Freud, S. (1937). Analysis Terminable and Interminable. SE, 216-253

Segal, H. The depressive position (1964) in "introduction to the work of Melanie Klein. Basic books.

Segal, H. The Paranoid-Schizoid Position(1964). in "introduction to the work of Melanie Klein. Basic books.

Klein, M. (1957) Envy and Gratitude. Psyche. 176-235.

Winnicott, D. (1974). Ego Distortion in term of true and false self. In The maturational processes of the facilitating environment. 140-152.

Winnicott, D. (1958). The capacity to be alone. International Journal of Psycho-Analysis, 39, 416-420.

Baker, H.S., & Baker, M.N. (1987). Heinz Kohut's Self Psychology: An Overview. American Journal of Psychiatry, 144, 1-9.

Baker, H.S., & Baker, M.N. (1987). Heinz Kohut's Self Psychology: An Overview. American Journal of Psychiatry, 144, 1-9.

Kohut, H. (1979). The two analyses of Mr. Z. International Journal of Psychoanalysis, 60, 3-27.

Kohut, H. (1978). Thoughts on narcissism and narcissistic rage. In Ornstein, P. The Search for the Self. New York: International University Press, pp. 615-658.

Ogden, T.H. (1994). The analytic Third: Work with intersubjective clinical facts. International Journal of Psychoanalysis, 75, 3-19.

Aron, L. (1992). Interpretation as Expression of the Analyst's Subjectivity. Psychoanal. Dial., 2:475-507.

Nagel, B. (1991). Psychotherapy of a Lower Level Borderline Personality Disorder. In

Masterson, J. F., Tolpin, M., & Sifneos, P. E. (Eds). Comparing Psychoanalytic Psychotherapies: Developmental, Self, and Object Relations: Self Psychology, Short-

term Dynamic. Brunner/Mazel 4-38.

Klein, R. (1991). *Psychotherapy of a Narcissistic Personality Disorder*. . In Masterson, J. F., Tolpin, M., & Sifneos, P. E. (Eds). *Comparing Psychoanalytic Psychotherapies: Developmental, Self, and Object Relations: Self Psychology, Short-term Dynamic*. Brunner/Mazel 39-74.

Orange, D. M. (2010). *Recognition as: Intersubjective vulnerability in the psychoanalytic dialogue*. *International Journal of Psychoanalytic Self Psychology*, 5(3), 227-243.

Jessica Benjamin Ph.D. (2010): *Can We Recognize Each Other? Response to Donna Orange*. *International Journal of Psychoanalytic Self Psychology*, 5(3), 244-256.

Donna M. Orange Ph.D. and Psy.D. (2010): *Revisiting Mutual Recognition: Responding to Ringstrom, Benjamin, and Slavin*. *International Journal of Psychoanalytic Self Psychology*, 5(3), 293-306.

Additional Reading Material:

Leichsenring, F. (2005). *Are psychodynamic and psychoanalytic therapies effective? A review of empirical data*. *International Journal of Psychoanalysis*, 86, 841-868.

Leichsenring, F. (2008). *Effectiveness of Long-term Psychodynamic Psychotherapy: A Meta-analysis*. *JAMA*, 300(13), 1551-1565.

Stern, S. (2004). *The Yin and Yang of Intersubjectivity: Integrating Self-Psychological and Relational Thinking*. *Progress in Self Psychology*, 20:3-20.

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 80 %
Active Participation / Team Assignment 20 %

Additional information: