



The Hebrew University of Jerusalem

Syllabus

Introduction to Dynamic Psychotherapy - 51821

Last update 16-08-2022

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Zvi Carmeli

Coordinator Email: zcarmeli@gmail.com

Coordinator Office Hours: Monday, after class

Teaching Staff:

Dr. Zvi Carmeli

Course/Module description:

The seminar will focus on the principals of dynamic psychotherapy and on the application of these principals in the clinical setting. The seminar will discuss "classical" papers by the main psychoanalytic theorists and other writers, which will be given as mandatory readings. Psychoanalysis, a heterogeneous collection of theories, will serve as the backbone of the course. Despite the fact that the main focus of the seminar is dynamic psychotherapy, some of the concepts and techniques that will be taught and discussed are relevant to all forms of psychotherapy.

Concepts used in contemporary psychodynamic psychotherapy will be traced back to their original formulations within psychoanalysis.

Course/Module aims:

Learning outcomes - On successful completion of this module, students should be able to:

1. Define fundamental concepts in dynamic psychotherapy such as the therapeutic framework, a therapeutic contract, transference and countertransference, dynamic unconscious, resistance
2. Identify and use basic psychotherapeutic techniques such as clarification, confrontation and interpretation
3. Define and identify the main stages of psychotherapy: Beginning and the formation of a therapeutic alliance, diagnosis of psychopathology and assessment of personality organization level, setting treatment goals and treatment plan, genetic and transference interpretations, termination of treatment.

Attendance requirements(%):

100

Teaching arrangement and method of instruction: Lecture

Course/Module Content:

1. Basic assumptions of Psychodynamic vers. other method of therapy
2. The unconscious and its place in the therapeutic process
3. Interpretation and other therapeutic acts

-
4. The analytic attitude
 5. The analytic frame
 6. The therapeutic contract and boundaries in psychotherapy
 7. Transference
 8. Countertransference
 9. The curative factors
 10. Cultural issues
 11. Termination in psychotherapy

Required Reading:

- Beck, A. T. (1979). *Common Sense and Beyond*. In *Cognitive Therapy and the Emotional Disorders* (pp. 6-23). New York: Meridian
- Etchegoyen, H. (1991). *The Fundamentals of Psychoanalytic Technique*. Oxford: Karnac
- Gabbard, G.O. (2009). What is a "Good Enough" Termination?. *Journal of the American Psychoanalytic Association*, 57, 575-594
- Klein, M. (2017). *Lectures on technique*. New York: Routledge.
- Ogden, T. H. (1992) *The Dialectically Constituted/decentred Subject of Psychoanalysis. I. The Freudian Subject*. *International Journal of Psychanalyses*, 73, 517-52
- Pick, I.B. (1985). *Working Through in the Countertransference*. *International Journal of Psychoanalysis*, 66, 157-166
- Segal, H. (1962). *The Curative Factors in Psycho-Analysis*. *International Journal of Psychoanalysis*, 43, 212-217
- Strachey, J. (1934). *The Nature of the Therapeutic Action of Psycho-Analysis*. *International Journal of Psycho-Analysis*, 15, 127-159.

אוגדן, ת. (1989). הפגישה האנליטית הראשונה. בתוך אוגדן, ת. הקצה הפרימיטיבי של החוויה. תל אביב: עם עובד

פרויד, ז. (2002). הטיפול הפסיכואנליטי. עמ' 92-98. תל אביב: עם עובד.

פרויד, ז. (2004). מחקרים בהיסטוריה, פרק 5 צפת: ספרים.

Additional Reading Material:

Course/Module evaluation:

End of year written/oral examination 0 %

Presentation 0 %

Participation in Tutorials 0 %

Project work 100 %

Assignments 0 %

Reports 0 %

Research project 0 %
Quizzes 0 %
Other 0 %
see additional information

Additional information: