



The Hebrew University of Jerusalem

Syllabus

Clinical Research - Process and Outcome in Short Term Psychodynamic Psychotherapy - 51796

Last update 21-10-2024

HU Credits: 4

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 0

Semester: Yearly

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: prof. Orya Tishby

Coordinator Email: orya.tishby@mail.huji.ac.il

Coordinator Office Hours: weekly meetings with course participants in supervision on therapy cases

Teaching Staff:

Prof. Orya Tishby

Course/Module description:

participants will conduct short-term therapy with weekly supervision, and collect data on process ;and outcome using questionnaires.

Course/Module aims:

1. To gain experience in short-term psychodynamic psychotherapy
2. To understand basic processes in psychodynamic therapy- transference, countertransference, defenses, termination, and more.
- 3.To learn about research in psychodynamic therapy.

Learning outcomes - On successful completion of this module, students should be able to:

1. To understand the basic processes in short-term psychotherapy
2. To formulate simple research questions in this area and analyze them with the appropriate statistical tools.

Attendance requirements(%):

100

Teaching arrangement and method of instruction: workshop to teach the CCRT MODEL

weekly supervision of students' therapy tapes
group discussion of research questions.

Course/Module Content:

1. The CCRT MODEL
2. Change processes in short-term psychodynamic therapy.
3. The therapeutic relationship, working alliance, rupture and repair.
4. Research on short-term therapy, and use of questionnaires

Required Reading:

Book, H. (1998). How to practice brief psychodynamic psychotherapy, the CCRT Method.

APA Books

Additional Reading Material:

Papers on research variables will be uploaded on the course website

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 100 %

Additional information:

Students conduct an hour a week of therapy and receive an hour a week of supervision. They also fill questionnaires and make sure that the patients filled them as well. Students who are interested in developing and MA thesis from this data - contribute to the data set by coding several tapes according to protocols.