



## *The Hebrew University of Jerusalem*

### *Syllabus*

## *Seminar Research - Process and outcome in short term psychodynamic psychotherapy - 51796*

*Last update 27-10-2016*

*HU Credits: 4*

*Degree/Cycle: 2nd degree (Master)*

*Responsible Department: psychology*

*Academic year: 0*

*Semester: 2nd Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: prof. Orya Tishby*

*Coordinator Email: [orya.tishby@mail.huji.ac.il](mailto:orya.tishby@mail.huji.ac.il)*

*Coordinator Office Hours: weekly meetings of participants with course instructor*

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Teaching Staff:

Prof Orya Tishby

Course/Module description:

participants will conduct short-term therapy with weekly supervision, and collect data on process ;and outcome using questionnaires.

Course/Module aims:

1. To gain experience in short-term psychodynamic psychotherapy
2. To understand basic processes in psychodynamic therapy- transference, countertransference, defenses, termination, and more.
- 3.To learn about research in psychodynamic therapy.

Learning outcomes - On successful completion of this module, students should be able to:

1. To understand the basic processes in short-term psychotherapy
2. To formulate simple research questions in this area and analyze them with the appropriate statistical tools.

Attendance requirements(%):

100

Teaching arrangement and method of instruction: workshop to teach the CCRT MODEL

weekly supervision of students' therapy tapes  
group discussion of research questions.

Course/Module Content:

1. The CCRT MODEL
2. Change processes in short-term psychodynamic therapy.
3. The therapeutic relationship, working alliance, rupture and repair.

Required Reading:

Book, H. (1998). How to practice brief psychodynamic psychotherapy, the CCRT Method.

APA Books

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Additional Reading Material:

*Papers on research variables will be uploaded on the course website*

Course/Module evaluation:

*End of year written/oral examination 0 %*

*Presentation 0 %*

*Participation in Tutorials 0 %*

*Project work 100 %*

*Assignments 0 %*

*Reports 0 %*

*Research project 0 %*

*Quizzes 0 %*

*Other 0 %*

Additional information:

*Students conduct an hour a week of therapy and receive an hour a week of supervision. They also fill questionnaires and make sure that the patients filled them as well. Students who are interested in developing and MA thesis from this data - contribute to the data set by coding several tapes according to protocols.*