

The Hebrew University of Jerusalem

Syllabus

Seminar Research - Process amd outcome in short term psychodynamic psychotherapy - 51796

Last update 27-10-2016

HU Credits: 4

Degree/Cycle: 2nd degree (Master)

Responsible Department: psychology

<u>Academic year:</u> 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: prof. Orya Tishby

Coordinator Email: orya.tishby@mail.huji.ac.il

Coordinator Office Hours: weekly meetings of participants with course instructor

<u>Teaching Staff:</u> Prof Orya Tishby

Course/Module description:

participants will conduct short-term therapy with weekly supervision, and collect data on process ;and outcome using questionnaires.

Course/Module aims:

1. To gain experience in short-term psychodynamic psychotherapy 2. To understand basic processes in psychodynamic therapy- transference, countertransference, defenses, termination, and more. 3.To learn about research in psychodynamic therapy.

Learning outcomes - On successful completion of this module, students should be able to:

1. To understand the basic processes in short-term psychotherapy

2. To formulate simple research questions in this area and analyze them with the appropriate statistical tools.

<u>Attendance requirements(%):</u> 100

Teaching arrangement and method of instruction: workshop to teach the CCRT MODEL weekly supervision of students' therapy tapes group discussion of research questions.

<u>Course/Module Content:</u>

1. The CCRT MODEL

2. Change processes in short-term psychodynamic therapy.

3. The therapeutic relationship, working alliance, rupture and repair.

Required Reading:

Book, H. (1998). How to practice brief psychodynamic psychotherapy, the CCRT Method. APA Books <u>Additional Reading Material:</u> Papers on research variables will be uploaded on the course website

<u>Course/Module evaluation:</u> End of year written/oral examination 0 % Presentation 0 % Participation in Tutorials 0 % Project work 100 % Assignments 0 % Reports 0 % Research project 0 % Quizzes 0 % Other 0 %

Additional information:

Students conduct an hour a week of therapy and receive an hour a week of supervision. They also fill questionnaires and make sure that the patients filled them as well. Students who are interested in developing and MA thesis from this data - contribute to the data set by coding several tapes according to protocols.