



The Hebrew University of Jerusalem

Syllabus

PRACTICE OF PSYCHOTHERAPY - 51794

Last update 02-11-2016

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Prof. Orya Tishby

Coordinator Email: orya.tishby@mail.huji.ac.il

Coordinator Office Hours: Sunday 1-2

Teaching Staff:

Prof Yoram Nevo

Course/Module description:

The course introduces students to basic concepts in psychodynamic psychotherapy ; What is psychotherapy, the therapeutic contract psychodynamic assessment of personality and case formulation, interventions, therapeutic alliance, resistance, transference and countertransference, change mechanisms, termination.

Course/Module aims:

Acquaintance with basic concepts of psychodynamic Psychotherapy, patients' evaluation and treatment

Learning outcomes - On successful completion of this module, students should be able to:

Theoretical and practical Knowledge of basic concepts in psychodynamic psychotherapy

Attendance requirements(%):
full attendance requiered

Teaching arrangement and method of instruction: Reading of articles and textbook chapters, class discussions of practicum cases and watching therapy tapes from library.

Course/Module Content:

What is psychotherapy ?
Assessing personality structure, levels of personality organization and implications for treatment.
case formulation and goals
therapeutic contract and setting.
Empathy and dynamic listening
therapeutic alliance
Interventions
transference and countertransference
change mechanisms,
resistance and impasse
termination

Required Reading:

Gabbard , G.O. (2004). *Long-Term Psychodynamic Psychotherapy- A basic text*. Washington, APA .

Safran, J.D. (2012). *Psychoanalysis and Psychoanalytic Therapies*. Washington, APA.

Summers, R.E. & Barber, J.P. (2010). *Psychodynamic Therapy; A guide to evidence based practice*. New York, Guilford

Additional Reading Material:

several more papers will be uploaded

Grading Scheme:

Additional information:

Students will submit 2 short reports - one will be a short discussion of a clinical or theoretical concept and the other - a clinical example from their practicum - linked to one of the concepts that was learned.

Final course paper