



Syllabus

Issues in Counseling Treatment & Psychotherapy - 51773

Last update 28-09-2023

HU Credits: 2

Responsible Department: Psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Ben-David Shiri

Coordinator Email: shiri.ben-david@mail.huji.ac.il

Coordinator Office Hours: Sunday 9-10

Teaching Staff:

Dr. Ben-David Shiri

Course/Module description:

Course will be based on classic and recent professional literature and on clinical examples of lecturer and students. Emphasis will be put on translating suggested literature to actual application as therapists in the field and on capturing the therapy setting according to each theory

Course/Module aims:

Explore major psychodynamic theories relevant to rehabilitation psychologists in medical and rehabilitation systems in Israel and apply their adjustment to clinical cases arising from the field.

Learning outcomes - On successful completion of this module, students should be able to:

Develop analytic capability and creativity, in order to analyze system needs and clients' needs and provide the specific intervention relevant. Professionalizing in these capabilities will enable students to act consciously and systematically in the complex settings characterizing rehabilitation psychology.

Attendance requirements(%):

80%

Teaching arrangement and method of instruction: Frontal lectures

Course/Module Content:

1. introduction and integration with rehabilitation field
2. psychodynamic theories and their application in the rehabilitation field: Freud, Ego psychology, Object relation, self psychology
3. cognitive behavioral therapy
4. supportive psychotherapy
5. existential psychotherapy

Required Reading:

Chan, F., Berven, N. L., & Thomas, K.R. (2004). *Counselling theories and techniques for rehabilitation health professionals*. New York: Springer. (chap. 2: Psychodynamic therapy)

הפסיכותרפיה הפסיכואנליטית (1)
1. מיטשל ובלאק (2006). פרויד ומעבר לו. (פרק 1: זיגמונד פרויד והמסורת הפסיכואנליטית הקלאסית). תולעת ספרים.

3. Cabbage, M. E., & Thomas, K. R. (1989). Freud and disability. *Rehabilitation Psychology*, 34, 161-173.

4. Thomas, K.R., & Siller, J. (1999). Object loss, mourning, and adjustment to disability. *Psychoanalytic Psychology*. Vol 16(2), 179-197.

פסיכולוגיית האני (2)

1. מיטשל ובלאק (2006). פרויד ומעבר לו. (פרק 2: פסיכולוגיית האני). תולעת ספרים.
2. Vos, M.S., & de Haes, J.C. (2007). Denial in cancer patients, an explorative review. *Psychooncology*, 16(1), 2-25.

תיאוריות יחסי האובייקט (3)

1. מיטשל ובלאק (2006). פרויד ומעבר לו. (פרק 4: מלאני קליין והתאוריה הקלייניאנית בת זמננו). תולעת ספרים.
2. מיטשל ובלאק (2006). פרויד ומעבר לו. (פרק 5: האסכולה הבריטית של יחסי-אובייקט: ור"ד פיירברן וד"ר ויניקוט). תולעת ספרים.
3. Thomas, K.R., & McGinnis, J.D. (1991). The psychoanalytic theories of D.W. Winnicott as applied to rehabilitation. *Journal of Rehabilitation*, July-Sept, 63-66.
4. Segal, J. (1996). Whose disability? Countertransference in work with people with disabilities. *Psychodynamic Counseling*, 2, 155-166.
5. החזקה והכלה □ ומה בניהן? מאיר פרלוב (פסיכולוגיה עברית)

4. Kernberg, O. F. (1999). Psychoanalysis, psychoanalytic psychotherapy and supportive psychotherapy: Contemporary controversies. *International Journal of Psychoanalysis*, 80, 1075-1091.

פסיכולוגיית העצמי (5)

1. מיטשל ובלאק (2006). פרויד ומעבר לו. (פרק 6: פסיכולוגיות של זהות ושל עצמי: אריק אריקסון והיינץ קוהוט). תולעת ספרים.
2. Klonoff, P.S., & Lage, G. A. (1991). Narcissistic injury in patients with traumatic brain injury. *Journal of Head Trauma Rehabilitation*, 6 (4), 11-21.
3. העברה נגדית □ סקירה היסטורית, מאיר פרלוב (פסיכולוגיה עברית)
4. Yehene et al. (2022). Parental narcissistic injury following child acquired brain injury (ABI): Exploring self object needs and emotional experience. *Psychoanalytic Psychology*

הפסיכותרפיה האקזיסטנציאלית (6)

- Composing a life involves a continual reimagining of the future, and reinterpretation of the past, to give meaning to the present □ (M. C. Bateson)
1. Yalom, I.D. (1980) *Existential Psychotherapy*. Introduction. BasicBook.

2. ויקטור פראנקל (2001). האדם מחפש משמעות. דביר.

3. Chan, F., Berven, N. L., & Thomas, K.R. (2004). *Counselling theories and techniques for rehabilitation health professionals*. New York: Springer. (chap. 6: Logotherapy)

4. Lukas, E. (1998). *The meaning of life and the goals in life for chronically ill people*. In: P. T. P. Wong, & P. S. Fry (Eds.), *The human quest for meaning* (chap. 15). London: LEA.

Additional Reading Material:

Grading Scheme:

Written / Oral / Practical Exam 40 %

Submission assignments during the semester: Exercises / Essays / Audits / Reports / Forum / Simulation / others 60 %

Additional information:

course will be accompanied by assignments reflecting the application of theoretical learning into clinical practice.