

The Hebrew University of Jerusalem

Syllabus

Eating Disorders: Theory and Practice - 51761

Last update 13-10-2022

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Psychology

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Laura Canetti

Coordinator Email: laurac@mail.huji.ac.il

Coordinator Office Hours: Tuesday 9:30-10:30

Teaching Staff:

Dr. Laura Canetti

Course/Module description:

This course focuses on the description and diagnosis of eating disorders including anorexia nervosa, bulimia nervosa, and binge eating disorder. The course will present the etiology and risk factors for eating disorders. We will learn about the different psychotherapeutic approaches: dynamic, cognitive and integrative approaches. We will present additional central aspects of treatment: nutritional therapy and hospitalization.

Course/Module aims:

- 1. Teach the principal characteristics of eating disorders.*
- 2. To understand the reasons for the development of eating disorders.*
- 3. Familiarize the students with different approaches to the treatment of eating disorders.*

Learning outcomes - On successful completion of this module, students should be able to:

- 1. Students will be able to diagnose eating disorders.*
- 2. Will be able to assess causes and risk factors to the development of eating disorders.*
- 3. Will know how to recommend appropriate treatments for eating disorders.*

Attendance requirements(%):

90% attendance

Teaching arrangement and method of instruction: Lectures and discussions in class of the reading material. Class dissertations. Discussion clinical cases.

Course/Module Content:

- Introduction to eating disorders*
- Etiology of eating disorders*
- Risk factors for eating disorders*
- Cultural factors in eating disorders*
- Nutritional therapy*
- Involuntary hospitalization and ethical dilemmas*
- Psychodynamic approaches*
- Cognitive approaches*

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- *Eating disorders and sexual abuse*
 - *Clinical examples*

Required Reading:

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Feeding and Eating disorders.

בכר, א'. (2002). הפחד לתפוס מקום אנורקסיה ובולימיה: טיפול לפי גישת הפסיכולוגיה של העצמי.
גור, ע. (2015). גוף זר: הפרעות אכילה, פגיעות מיניות בילדות וטיפול מותאם.

Agras, W.S., Fitzsimmons-Craft, E.E., & Wilfley, D.E. (2017). Evolution of cognitive behavioral therapy for eating disorders. Behaviour Research and Therapy, 88, 26-36.

Additional Reading Material:

Please see course website.

Reading material will be updating during the semester.

Course/Module evaluation:

End of year written/oral examination 0 %

Presentation 40 %

Participation in Tutorials 0 %

Project work 60 %

Assignments 0 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information: