

The Hebrew University of Jerusalem

Syllabus

Emotional life of the infant - developmental psychodynamic approach - 51760

Last update 30-10-2015

HU Credits: 2

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: psychology

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Smadar Gertner

Coordinator Email: smadar.gertner@mail.huji.ac.il

Coordinator Office Hours: Coordinate

Teaching Staff:

Dr. Smadar Gertner

Course/Module description:

Psychoanalytic developmental theories and research evidence on the emotional development of infants

Course/Module aims:

The course will discuss major issues in early childhood emotional development. The goal is to give knowledge of emotional developmental issues, introduction of the main findings of the leading developmental research, and to expose critical discussions of the main theories in the field.

Learning outcomes - On successful completion of this module, students should be able to:

Understand the impact of primary relationships and emotional development of infants

Attendance requirements(%):

80

Teaching arrangement and method of instruction: Frontal

Course/Module Content:

- 1. The importance of early emotional development relationship*
- 2. The infant's self development: developmental theory on building self*
- 3. toddler who discovers the world*
- 4. The magical thinking of childhood*
- 5. developmental fears and anxieties*
- 6. aggression and self-control*
- 7. striving for independence and separateness*
- 8. Mentalization and importance of emotional development of infants*
- 9. The parent past, and its impact on parenting and child's emotional development*

Required Reading:

Salder, L.S; Slade, A; Close, N; Webb, D.L ; Simpson, T; Fennie, K & Mayes, L.S. (2013). Minding the baby: Enhancing reflectiveness to improve early health and

relationship outcomes in an interdisciplinary home – visiting. *Infant Mental Health journal*, Vol. 00(0), 1-15 (2013).

Slade, A. (2007). *Reflective Parenting Programs: Theory and Development*. *Psychoanalytic Inquiry* , 26: 4, 640 — 657.

Fraiberg, S. (1980). *Clinical Studies in infant mental health*. New York: Basic Books.

Fraiberg, S.H' Adelson, E, & Shapiro, V. (1975). Ghosts in the nursery: A psychoanalytic approach to the problem of impaired infant-mother relationships. *Journal of the American Academy of child Psychiatry*, 14, 387-422.

Additional Reading Material:

Brazelton, T.B. (1992). *Toucpoints: Your child's emotional and behavioral development*. Reading, MA: Addison-Wesley.

Mahler, M. ; Pine, F. & Bergman, A. *The Psychological birth of the human infant*. Londin: Marsfield Library .

Brazelton, T.B. (1992). *Toucpoints: Your child's emotional and behavioral development*. Reading, MA: Addison-Wesley.

Cassidy, J. (1994). *Emotion Regulation: Influences of attachment relationship*. In N. A. fox (Ed.), *The development of emotion regulation: Biological and behavioral considerations*. *Monographs of the society for research in child development*, 59 (serial No. 240), 228-249.

Douglas, D. (2011). *Child Development. A practitioner's Guide. Third Edition*. New York: The Guilford Press

Fraiberg, S.H. (1974). *The Magic Years: Understanding and Handling the Problems of Early Childhood*. New York: Scribner.

Liberman, A.F. (1995). *The emotional life of the toddler*. New York: Free Press.

Slade, A. (2103). *Imagining fear: Attachment, threat, and psychic experience*. In press, *Psychoanalytic Dialogues*.

Brazelton, T.B. (1992). *Toucpoints: Your child's emotional and behavioral development*. Reading, MA: Addison-Wesley

Fraiberg, S.H. (1974). *The Magic Years: Understanding and Handling the Problems of Early Childhood*. New York: Scribner.

Mahler, M. ; Pine, F. & Bergman, A. *The Psychological birth of the human infant.* London: Marsfield Library .

Stern, D.N. (1985). *The interpersonal world of the infant. A view from psychoanalysis and developmental psychology.* New York: Basic Books.

Bowlby, J. (1973). *Attachment and loss: Vol II. Loss: Separation: Anxiety and anger.* New York: Basic Books.

Bowlby, J. (1980). *Attachment and loss: Vol III. Loss: Sadness and despair.* New York: Basic Books.

Bowlby, J. (1982). *Attachment and loss: Vol 1.* New York: Basic Books.

Course/Module evaluation:

End of year written/oral examination 0 %

Presentation 0 %

Participation in Tutorials 0 %

Project work 100 %

Assignments 0 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information: