



The Hebrew University of Jerusalem

Syllabus

The Realness of Psychoanalysis - 51166

Last update 08-09-2023

HU Credits: 2

Degree/Cycle: 1st degree (Bachelor)

Responsible Department: Psychology

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Bnaya Amid

Coordinator Email: bnaya.amid@mail.huji.ac.il

Coordinator Office Hours:

Teaching Staff:

Dr. Bnaya Amid

Course/Module description:

A certain type of realness which is inscrutable and ineffable (and yet not mystical at all), has been intriguing psychoanalytic thought for many years. The module examines psychoanalytic theory through observing this dimension of realness, which is not only fascinating, but also very often the key for understanding the therapeutic process.

Course/Module aims:

Learning outcomes - On successful completion of this module, students should be able to:

At the end of the module, the students will be more creative, more honest with themselves, and able to distinguish between types of learning that makes them feel vital and contributes to their mental growth, and other types of learning. They will have a considerable appreciation for intuitive dimensions of existence which are not necessarily rational or verbal. Finally, they will be more aware of the limitations of human knowledge, their uniqueness as individuals and their responsibility to their environment.

Attendance requirements(%):

80

Teaching arrangement and method of instruction:

Course/Module Content:

Will be given in class

Required Reading:

Amid, B., & Bachar, E. (2022). At-one-ment: Beyond Transference and Countertransference. *Psychoanalytic Perspectives*, 19, 327-347.

Amid, B., Aron, L., & Bachar, E. (2020). Selfless Self-Transcendence in the Clinical Setting as a Source of Self-Enhancement. *American Journal of Psychoanalysis*, 80, 16-36.

Atlas, G., & Aron, L. (2018). *Dramatic Dialogue: Contemporary Clinical Practice* (pp.34-40). New-York: Routledge.

Bion, W.R. (1970). *Attention and Interpretation*. New-York: Basic Books.

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- Coltart, N. (1992). *Slouching towards Bethlehem... And further psychoanalytic explorations*. London: Free Association Books.
- Eigen, M. & Govrin, A. (2007). *Conversations with Michael Eigen*. London: Karnac Books.
- Eigen, M. (2011). *Contact with the Depths*. London: Karnac.
- Freud, S. (1915). *The Unconscious*. Standard Edition, Vol.14, pp.159-215.
- Ghent, E. (1995). *Interaction in the Psychoanalytic Situation*. *Psychoanalytic Dialogues*, 5:479-491
- Kohut, H. (1985). C. Strozier (Ed.), *Self-Psychology and the Humanities: Reflections on a New Psychoanalytic Approach*. New York, NY: Norton.
- Kulka, R. (2005). *Among Tragedy and Empathy* (Hebrew), Preface to the Hebrew version of: Kohut, H. (1984) 'How Does Analysis Cure?', (Eldad Idan, Trans.). Tel Aviv: Am Oved.
- Kulka, R. (2012). *Between Emergence and Dissolving: Contemporary Reflections on Greatness and Ideals in Kohut's Legacy*. *International Journal of Psychoanalytic Self Psychology*, 7, 264-285
- Milner, M. (1987). *The suppressed madness of sane men: Forty-four years of exploring psychoanalysis*. New Library of Psychoanalysis. London: Tavistock Publications.
- Molino, A. (ed). (1997). *Freely associated. Encounters in psychoanalysis with Christopher Bollas, Joyce McDougall, Michael Eigen, Adam Phillips and Nina Coltart*. London: Free Association Books.
- Phillips, A. (2012). *Missing Out: In Praise of the Unlived Life*. London: Penguin Books.
- Phillips, A. (2021). *The Cure for Psychoanalysis*. London: Confer Books.
- Reik, T. (1948). *Listening With the Third Ear*. New York: Farrar, Straus and Giroux.
- Symington, N. (2012). *The Essence of Psycho-Analysis as Opposed to What Is Secondary*, *Psychoanalytic Dialogues*, 22: 395-409.
- Symington, N. (2008). *Generosity of Heart: Source of Sanity*. *British Journal of Psychotherapy*, 24, 488-500.
- Winnicott, D. W. (1963). *Communicating and not communicating leading to a study of certain opposites*. In D.W. Winnicott , *The maturational process and the facilitating environment* (pp. 179-192). London: Karnac, 1990
- Winnicott, D.W. (1971). *Playing and Reality*. London: Tavistock.

Additional Reading Material:

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 100 %

Additional information: