

## *The Hebrew University of Jerusalem*

### *Syllabus*

## *The use of psychoactive substances - Prevention and Treatment - 3845*

*Last update 11-02-2023*

*HU Credits:* 2

*Degree/Cycle:* 2nd degree (Master)

*Responsible Department:* Social Work

*Academic year:* 0

*Semester:* 2nd Semester

*Teaching Languages:* Hebrew

*Campus:* Mt. Scopus

*Course/Module Coordinator:* Nir Oren

*Coordinator Email:* [niroren13@gmail.com](mailto:niroren13@gmail.com)

*Coordinator Office Hours:* Following lesson or by appointment

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Teaching Staff:

Mr. Oren Nir

Course/Module description:

Consumption of psychoactive substances ranges from social use, through abuse to addiction and characterizes a wide age range and variety of types of substances. The course will discuss the etiology and bio-psychosocial influences on psychoactive substance use, symptoms, dangers and complications, courses of abuse and addiction, environmental, and sectoral influences. We will address and examine outreach techniques, different interventions and treatment methods for addictions based on familiar approaches and those that are unique to addicts. Exercises related to the topics of the lesson will be held through which we will achieve what is being learned while referring to practice and ways of intervention.

Course/Module aims:

To study the subject of substances and the phenomenon among teenagers especially. Recognize and develop intervention methods and various ways of treatment.

Learning outcomes - On successful completion of this module, students should be able to:

Examine the phenomenon of drugs and alcohol use.  
Formulate and implement appropriate interventions to prevent and treat substance users and addicts.

Attendance requirements(%):

Following the University requirements

Teaching arrangement and method of instruction: Lecture, discussion, Case Study, practice in the classroom or by Zoom rooms

Course/Module Content:

Introduction, the phenomenon of use and addiction to psychoactive substances  
Etiology - onset and causes of use and addiction  
Methods of treatment and outreach in users and addicts  
Gender and culture sensitive care  
Treatment and rehabilitation frameworks and programs for addictions  
Dual morbidity

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*The addict and the family*  
*Behavioral addictions*  
*Termination of treatment and the role of the social worker*

**Required Reading:**

- American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders: DSM-5*. Washington, DC.: APA. (pp. 271-302).
- Beck, S.B., Liese, B.S. & Najavits, L.M. (2005). *Cognitive therapy*. In Frances R.G., Miller S.I. & Mack A (Eds.). *Clinical Textbook of Addictive Disorders*. NY: Guilford Press.
- Dennison, S. J. (2011). *Substance use disorders in individuals with co-occurring psychiatric disorders*. In P. Ruiz., & E. C. Strain (Eds.), *Lowinson and Ruiz's substance abuse: A comprehensive textbook (5th. ed.)*(pp. 721-729). Philadelphia: Lippincott Williams & Wilkins.
- Grant, J.E., Potenza, M.N., Weinstein, A. and Gorelick. D.A. (2017). *Introduction to Behavioral Addictions*. *Am J Drug Alcohol Abuse*. 36(5): 233-241
- Kelly, T.M. & Daley, D.C. (2013). *Integrated Treatment of Substance Use and Psychiatric Disorders*. *Social Work Public Health*, 28, pp. 388-406.
- Khantzian E. J. (2003) *Understanding Addictive Vulnerability: An Evolving Psychodynamic Perspective*. *Neuropsychanalysis*, 5:1, pp. 5-21
- Mathre, M.L (2003). *Differentiating between medical use and recreational/social use, abuse and addiction*. *The Drug and Alcohol Professional* 3(3), pp. 5-10.
- Polcin, D. L. (1997). *The Etiology and diagnosis of alcohol dependence: Differences in the professional literature*. *Psychotherapy: Theory, Research, Practice, Training*, Vol 34(3), pp. 297-306.
- Prochaska, J. O., Norcross, J.C & Diclemente, C.C. (2013). *Applying the stages of change*. *Psychotherapy In Australia* • vol 19 no 2

**Additional Reading Material:**

- Byrne, M.H., Lander, L. & Ferris, M. (2009). *The changing face of opioid addiction: prescription pain pill dependence and treatment*. *Health & Social Work Volume* 34 (1), pp. 53-56.
- D'Amico, E.J, & Houck, J.M. (2015). *Group Motivational Interviewing for Adolescents: Change Talk and Alcohol and Marijuana Outcomes*. *Journal of Consulting and Clinical Psychology* , Vol. 83, No. 1, 68 – 80
- Davis, D.R., & Jansen, G.G. (1998). *Making meaning of Alcoholics Anonymous for social workers: Myths, metaphors and realities*. *Social Work*, 43(2), 169-182.
- De-Leon, G. (2000). *The therapeutic community: Theory, model, and method*. New York: Springer Publishing Company.
- Fewell, C. H., & Straussner, S. L. A. (Eds.). (2006). *Impact of substance abuse on children and families: Research and practice implications*. *Journal of Social Work Practice in the Addictions*, 6(1).

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Glasner-Edwards, S., & Rawson, R. (2010). Evidence-based practices in addiction treatment: Review and recommendations for public policy. *Health Policy*, 97, 93-104.

Gruber, K. J., & Taylor, M. (2006). A family perspective for substance abuse: Implications from the literature. *Journal of Social Work Practice in the Addictions*, 6(1), 1-30.

Harris, P. (2010). *The concerned other: How to change problematic drug and alcohol users through their family members: A complete manual*. Dorset: Russell house.

Institute of Medicine (Author), (1996). *Pathways of Addiction: Opportunities in Drug Abuse Research*. Ch. 5, Etiology. Washington, DC: The National Academies.

Isralowitz, R., Shpiegel, S., Reznik, A. & Laytin, A. (2009). Ethiopian youth in Israel: Gender-related alcohol use and related problem behavior. In: *Drugs: education, prevention and policy*, 16(3): 273-278.

Karoll, B. R. (2010). Applying social work approaches, harm reduction, and practice wisdom to better serve those with alcohol and drug use. *Journal of Social Work*, 10(3), pp. 211-229.

Kaufman, E. (1989). The Psychotherapy of Dually Diagnosed Patients. *Journal of Substance Abuse Treatment*, Vol. 6, pp. 9-18,

Khantzian, E.J. (1985). The self-medication hypothesis of addictive disorders: Focus on heroin and cocaine dependence. *American Journal of Psychiatry*, 142(11), 1259-1264.

Olsen, L. J., Laprade, V., & Holmes, W. M. (2015). Support for families affected by substance abuse. *Journal of Public Child Welfare*, 9, 551-570.

Pfost, K. S., Newton, R. M., Kunce, J. T. & Cope, C. S. & Greenwood, G. L.(1993). A model for individualizing interventions for alcohol abuse/dependence using basic personality dimensions. *Psychotherapy: Theory, Research, Practice, Training*, V. 30(2), Special issue: Psychotherapy for the Addictions. pp. 334-343.

Ronel, N. & Chen, G., Timor, U. & Elisha, E. (2013). What do our clients say? Residents' perceptions of recovery in Retorno - A Jewish therapeutic community. *Addiction Research and Theory*. 21. 295-305.

Simons, J. S., Carey, K. B., Wills, T. A., (2009). Alcohol abuse and dependence symptoms: A multidimensional model of common and specific etiology. *Psychology of Addictive Behaviors*, Vol 23(3), pp. 415-427.

Webb, T.L., Sniehotta, F.F. & Michie, S. (2010). Using theories of behaviour change to inform interventions for addictive behaviours. *Addiction*, 105(11), 1879-1892.

Zilberman, N., Yadid, G., Efrati, Y., Neumark, Y. & Rassovsky, Y. (2018), Personality profiles of substance and behavioral addictions. *Addictive Behaviors* v. 82, pp. 174-181.

#### Course/Module evaluation:

End of year written/oral examination 0 %

Presentation 0 %

Participation in Tutorials 10 %

Project work 70 %

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*Assignments 20 %*  
*Reports 0 %*  
*Research project 0 %*  
*Quizzes 0 %*  
*Other 0 %*

*Additional information:*