

The Hebrew University of Jerusalem

Syllabus

DEPRESSION & ANXIETY: COGNIT. & EMOTION. ASPECT - 37954

Last update 09-11-2016

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: education

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Nilly Mor

Coordinator Email: nilly.mor@mail.huji.ac.il

Coordinator Office Hours: Tue. 10-11

Teaching Staff:

Prof Nilly Mor

Course/Module description:

In this course we will address issues pertaining to cognitive processes such as attention, memory and interpretation in emotional disorders (depression and anxiety). We will also address the application of this knowledge to interventions, particularly cognitive bias modification procedures.

Course/Module aims:

The course aims to expose students to research in the area of experimental psychopathology. Students will be exposed to theoretical models as well as to research paradigms in the field. The course emphasizes

Learning outcomes - On successful completion of this module, students should be able to:

- 1. compare major research paradigms*
- 2. summarize main theories*

Attendance requirements(%):

100

Teaching arrangement and method of instruction: discussion

Course/Module Content:

- 1. attention, memory and interpretation biases*
- 2. cognitive bias modification*
- 3. ruminative thinking*
- 4. emotion regulation*

Required Reading:

*Waters et al., 2008
Schmidt et al., 2009
Kircanski, Joormann, & Gotlib, 2012
LeMoult et al., 2016
Bem, 2003*

Lee, Mathews, Shergill & Yiend, 2016

Hertel et al., 2014
Nolen-Hoeksema & Morrow, 1991

Cohen et al., 2015
Tran, Hertel & Joormann, 2011

Additional Reading Material:
0

Course/Module evaluation:
End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 20 %
Project work 60 %
Assignments 20 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

Additional information:
none