

## The Hebrew University of Jerusalem

Syllabus

## Cultural Aspects in Counseling - 37832

Last update 10-08-2023

<u>HU Credits:</u> 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Education

<u>Academic year:</u> 0

<u>Semester:</u> 1st Semester

Teaching Languages: Hebrew

<u>Campus:</u> Mt. Scopus

Course/Module Coordinator: Prof. Moshe Tatar

<u>Coordinator Email: shirabazak@gmail.com</u>

Coordinator Office Hours: By appointment

Teaching Staff:

Prof Moshe Tatar

Course/Module description:

The course will deal with the following topics:

1. The relevance of the concepts of culture and diversity in the mental health professions

2. The understanding of the conceptualization of culture at different levels: individual, groups and organizations

3. The presentation of models and concepts that are relevant for the counseling of individuals (and the roles of the counsellor) in culturally diverse settings.

4. The particularity- theoretical and practical- of providing counseling in different cultural contexts.

Course/Module aims:

Among the aims of the course: Presenting to the students the different uses of the concepts of culture and diversity in the counseling context. To teach the different ways through which culture is relevant in the work of counsellors and how the different roles the counsellors perform provide response to these challenges. To raise the awareness of the students to the relevance of the culture of the counsellor and the culture of the setting in which counselling is provided for the processes that take place.

Learning outcomes - On successful completion of this module, students should be able to:

Students will acquire the knowledge that will allow them to understand different meanings of culture and diversity.

Students will be aware of the impact of culture (at the different levels) on thee counseling process.

Students will know and will develop the skills that will allow them to deal with various cultural diversities.

<u>Attendance requirements(%):</u> Attendance is requested

Teaching arrangement and method of instruction: Although mainly the course is based on frontal lectures but the students are encouraged to be involved and to participate following their reading of the bibilography. Many discussions are present during classes/ Course/Module Content:

See in the sections regarding the description of the course and that regarding the required reading

<u>Required Reading:</u>

The bibliographical references are adapted to the classes (see additional reading material) and will appear in moodle

Additional Reading Material:

ביבליוגרפיה כללית (חלק ממקורות אלה ונוספים באתר)

Bekerman, Z., & Tatar, M. (2002). The concept of culture in the context of school counseling: A constructivist perspective. Educational Counseling, 11, 13-23.
Gerstein, L.H., Heppner, P.P, Egisdotir, S., Leung, A. S., & Norsworthy, K. L. (2009). International handbook of cross-cultural counseling : Cultural assumptions and practices

worldwide. Los Angeles: Sage

*Herring, R. (1997). Multicultural counseling in schools: A synergetic approach. Alexandria, VA:* 

American Counseling Association.

Locke, D.C, Myers, J.E., & Herr, E.L. (2001). The handbook of counseling. Thousand Oaks:

Sage.

Ponterotto, J.G., Casas, J.M., Suzuki, L.A., & Alexander, C. M. (1995). Handbook of multicultural counseling. Thousand Oaks: Sage.

Sue, D. W., & Sue, D. (1999). Counseling the culturally different: Theory and practice. New

York: John Wiley.

*Tatar, M. (1998). Counseling immigrants: School contexts and emerging strategies. British* 

*Journal of Guidance and Counselling, 26, 337-352.* 

*Tatar, M. (2010). Immigrant and Israeli-born adolescents turning for help to teachers and school* 

counselors. Educational Counseling, 16, 15-36.

Tatar, M. (In press). School counsellors working with immigrant pupils: Changes in their

approaches after ten years. British Journal of Guidance and Counselling.

Tatar, M. & Horenczyk, G. (2000). Counseling students on the move: The effects of culture of

origin and permanence of relocation among international college students. Journal of

College Counseling, 3, 49-62.

Tatar, M. & Horenczyk, G. (2003). Dilemmas and strategies in the counselling of Jewish and Arab Palestinian children in Israeli schools. British Journal of Guidance and Counselling, 31, 375- 391. Vasquez, M.J.T. (2007). Cultural difference and the therapeutic alliance: An evidencebased

analysis. American Psychologist, 62, 878-885

<u>Grading Scheme:</u> Essay / Project / Final Assignment / Home Exam / Referat 100 %

Additional information: