

The Hebrew University of Jerusalem

Syllabus

Skills in group work - 3740

Last update 16-12-2023

HU Credits: 2

<u>Degree/Cycle:</u> 2nd degree (Master)

Responsible Department: Early Childhood

Academic year: 0

Semester: 1st Semester

<u>Teaching Languages:</u> Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: gili gottfried

Coordinator Email: gili.gottfried@mail.huji.ac.il

Coordinator Office Hours: 17.00-19.00

Teaching Staff:

Ms. Gili Gottfried

Course/Module description:

The course deals with theoretical learning of basic concepts in group processes. The learning will combine experiential experiences to demonstrate the theoretical content.

Course/Module aims:

Learning basic concepts from the world of group facilitation and an initial introduction to the roles of the facilitator in order to acquire basic skills in working with a group.

<u>Learning outcomes - On successful completion of this module, students should be</u> able to:

Identify group processes.

To know phenomena that exist in groups such as: basic assumptions Experience leading a group while receiving constructive feedback from the participants and the lecturer

<u>Attendance requirements(%):</u>

100

Teaching arrangement and method of instruction:

Course/Module Content:

Group - characteristics of the group and types of groups Basic assumptions in the group The therapeutic factors roles in the group Conflicts and objections in the group The role of the moderator Incorporating humor in the guidance

Required Reading:

Lessons 1-2: Introduction to group work

Rosenoser, N. (1997) The group leader. In: n. Rosenoser and L. Nathan (editors). Facilitating groups (pp. 48-9) Jerusalem: The Center for Community Education named after Haim Tzipori.

Lesson 3: planning and assembling a group

Ort, M., and Silberman, M. (2011) Facilitating skills for groups - a guide for the facilitator (pp. 11-35.) Kiryat Bialik: "Ach

Ksen, L. (1997) "Classification and planning of work in groups within the framework of direct intervention in social work." Society and Welfare, 15(1), 43-62.

Ziv and Beharev (2011) Chapter 7: Giving feedback. In: Ziv, Y., and Beharev, Y. Group Journey: The Group Facilitator's Guide. (pp. 93-96).

Lesson 4: Types of groups: content and process

Pearl, J. and Peled E. (2007.) Development of a structured model for group work, sensitive to group processes. Society and welfare, 621 - 642 (4) cf

Racine, N. M., Smith, A., Pelletier, W., Scott-Lane, L., Guilcher, G. M. T., & Schulte, F. (2018). Evaluation of a support group for parents of children hospitalized for cancer and hematopoietic stem cell transplantation. Social Work with Groups(4), 276-290. doi:

Lesson 5: Stages in the development of a group The therapeutic factors

Yalom, A. Walshetz M. (2005). Group therapy theory and practice (pp. 21-38). Or Yehuda: Kinneret Zamora Bethan/Magnes Publishing House

Dor Haim, P. (2011). Group and dynamics in the perspective of educational psychology. Hebrew psychology

Levy, A. 2012. (Social work in groups with people applying for welfare services. In: M. Hobbev, A. Luntel, V. Ketan (editors). Social work in Israel. Tel Aviv: The United Kibbutz - Red Line Series. Trevithick, P. (2005). The knowledge base of groupwork and its importance within social work. Groupwork, 15(2), 80-107.

Lesson 6: Roles in the group

Ziv, Y., and Beharev, Y. (2011). Chapter 8: Psychological roles in the group. In: Ziv, Y., and Beharev, Y. Group Journey: The Group Facilitator's Guide. (pp. 103-119). Gal publishing house

McKenzie, R.K. and Lewsley, W.G. (1997). Social roles in psychotherapy groups. In: n. Rosenoser and L. Nathan (editors). Facilitating groups (pp. 221-237). Jerusalem: The Center for Community Education named after Haim Tzipori.

Lesson 7-9: The role of the facilitator

Weinstein, S., and Ronan, Y. (2001). "Erase the memory, the understanding and the desire": the contribution of ignorance to the work of a multi-professional therapeutic team. Society and Welfare, 21 (2), 195-212.

Levy, A. (1996) "Working with the 'Transfer' in the Praxis of Organizational Consulting", Organizational Analysis 2.

Galinsky, M.J., and Shoffler, J. (1981) Building a guideline in social work training. In: n. Rosenoser and L. Natan (Editors group guidance) (pp. 385-397). Jerusalem: The Center for Community Education named after Haim Tzipori.

Lessons 10-11: objections, conflicts and confrontations

Ziv, Y., and Beharev, Y. (2011). Chapter 10: Conflicts in the group. In: Ziv, Y., and Beharev, Y. Group Journey: The Group Facilitator's Guide. (pp. 139-150). Ziv, Y., and Beharev, Y. (2011). Chapter 11: Objections in the group. In: Ziv, Y., and Beharev, Y. Group Journey: The Group Facilitator's Guide. (pp. 151-160).

Nitsun, M. (1996). The Anti-Group Destructive Forces in the Group and their Creative Potential. 24(1),7-20 London: Routledge.

Lesson 12-13: Summary and parting processes

Beeson R. (2018) Last meeting and parting: the parting process at the end of group therapy. group. Volume 23 (Issue 2) 89-111.

Baum n. (2006) Forced Termination of a Therapeutic Relationship. Society and welfare. (c. 3). 355-375.

Additional Reading Material:

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 70 % Active Participation / Team Assignment 5 % Submission assignments during the semester: Exercises / Essays / Audits / Reports / Forum / Simulation / others 25 %

Additional information: