



The Hebrew University of Jerusalem

Syllabus

Career Counseling - 34826

Last update 24-12-2023

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Education

Academic year: 0

Semester: 1st Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Dr. Yuliya Lipshits-Braziler

Coordinator Email: yuliya.lipshits@mail.huji.ac.il

Coordinator Office Hours: room 473

Teaching Staff:

Dr. Yuliya Lipshits-Braziler

Course/Module description:

The course focuses on reviewing the theoretical and empirical foundations of career development and career decision making, and discussing ways to apply them to assist deliberating individuals in choosing a field of study and career.

Course/Module aims:

1. Presenting a number of theoretical approaches to career guidance, while exploring the possible implementation of these theoretical approaches in the counseling.
2. Presenting tools that are used for assessment in the counseling process, and those that can be used for developing the necessary skills to make better career decisions.
3. To promote critical thinking and approach to the different theoretical approaches and tools that are used in the career counseling process.

Learning outcomes - On successful completion of this module, students should be able to:

1. The students will learn a number of career development theories.
2. The students will learn about a variety of tools for facilitating career decisions.

Attendance requirements(%):

Teaching arrangement and method of instruction: lectures and discussion with the participation of the students

Course/Module Content:

1. What a career counseling is?
2. Emerging adulthood- stage characteristics and major development tasks
3. Dysfunctional beliefs and illusions in career choice
4. Vocational interests
5. Donald Super's life span, life space approach to career development
6. Career Construction Theory and Life Design
7. Social Cognitive Career Theory and the Psychology of Working Theory
8. Career decision making
9. Career decision-making difficulties
10. Factors and preferences in career decisions

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11. Online Career Counseling
 12. Career development in childhood
 13. Work-Family Conflict; Adolescents future orientation

Required Reading:

גתי, א. (2003). מודל הסחל"ב להחלטות קריירה. בתוך ר. לזובסקי וצ. בר-אל (עורכות), מסע של תקווה: ייעוץ וחינוך בעידן של אי וודאות (עמ' 264-237). אור יהודה: רכס.

גתי, א., סקה, נ., מלכא, מ., שרב, ד., זריהן, מ., ואורנשטיין, ע. (2001). קשיים של תלמידי תיכון בקבלת החלטות הקשורות לקריירה. הייעוץ החינוכי, י', 11-38.

גתי, א., סקה, נ., ומאיר, י. (2000). ייעוץ בבחירת מסלול לימודים ומקצוע באמצעות האינטרנט: כיוונים לעתיד. הייעוץ החינוכי, ט, 88-110.

חזקיה, א., וצינמון, ר. ג. (2017). תרומתן של התנסויות בגיל ההתבגרות למסוגלות העצמית לשלב בין תפקידי עבודה ומשפחה- מחקר משולב. היועץ החינוכי, כ, 466-493.

צינמון, ר. ג., וריץ, י. (2004). עבודה ומשפחה: הכנת מתבגרים לשילוב בין תפקידי חיים. בתוך ר. ארהרד, א. קליגמן, (עורכים), ייעוץ בבית הספר בחברה משתנה (עמ' 180-159). רמות.

Autin, K. L., & Duffy, R. D. (2019). The psychology of working: Framework and theory. In J. A. Athanasou & H. N. Perera (Eds.), *International handbook of career guidance* (pp. 167-184). Springer.

Gati, I., & Levin, N. (2015). Making better career decision. In P. J. Hartung, M. L. Savickas, & B. W. Walsh (Eds.), *Handbook of career intervention: Vol. 2. Applications* (pp. 193-207). American Psychological Association.

Hartung, P. J. (2013). The life-span, life-space theory of careers. In S.D. Brown & R.W. Lent (Eds.), *Career development and counseling: Putting theory and research to work* (pp. 83-114). Wiley.

Lent, R.W. (2013). Social cognitive career theory. In S.D. Brown & R.W. Lent (Eds.), *Career development and counseling: Putting theory and research to work* (pp. 115-146). Wiley.

Lipshits-Braziler, Y., & Gati, I. (2019). Facilitating career transitions with coping and decision-making approaches. In K. Maree (Ed.), *Handbook of innovating career counselling* (pp. 139-156). Springer.

Nauta, M. M. (2013). Holland's theory of vocational choice and adjustment. In S.D. Brown, & R.W. Lent (Eds.), *Career development and counseling: Putting theory and research to work* (pp. 55-82). Wiley.

Savickas, M. L. (2013). Career construction theory and practice. In S.D. Brown & R.W. Lent (Eds.), *Career development and counseling: Putting theory and research to work* (pp. 147-183). Wiley.

Additional Reading Material:

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 100 %

Additional information:

**There may be changes in the subjects and the relevant readings during the course.*