

## *The Hebrew University of Jerusalem*

### *Syllabus*

## **TEENAGERS IN THE AGE OF TECHNOLOGY - 34498**

*Last update 06-08-2019*

*HU Credits:* 2

*Degree/Cycle:* 1st degree (Bachelor)

*Responsible Department:* Education

*Academic year:* 0

*Semester:* 1st Semester

*Teaching Languages:* Hebrew

*Campus:* Mt. Scopus

*Course/Module Coordinator:* Dr. Anat Korem

*Coordinator Email:* [anat.korem@mail.huji.ac.il](mailto:anat.korem@mail.huji.ac.il)

*Coordinator Office Hours:* By appointment

*Teaching Staff:*

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Dr. Anat Korem

Course/Module description:

The course will focus on how the developmental process in adolescence is shaped in contemporary society. In each subject (see list of topics) we will discuss the educational implications, namely: How to maximize the new opportunities now open to the teenagers and minimize the dangers?.

Course/Module aims:

The course includes two main goals: to understand the world of adolescents in contemporary society, and to discuss educational considerations that promote personal growth and development among youth.

Learning outcomes - On successful completion of this module, students should be able to:

- describe the characteristics of adolescence.
- identify implications of contemporary society on adolescents' development.
- suggest how to improve communication between educators and their adolescent students.
- compare different educational approaches in the context of teenagers.
- suggest how to promote personal growth and development among adolescents in educational settings.

Attendance requirements(%):

80%

Teaching arrangement and method of instruction: The course is based on a weekly lecture. The lecture includes discussions with the students and analyzing case studies from the educational field.

Course/Module Content:

- The contribution of developmental psychology to the understanding of the adolescent student.
- The process of identity formation.
- Searching for values and meaning in adolescence.
- Cognitive development.
- Social and emotional development.

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- The development of the concept of sexuality.
  - Adolescents and their parents.
  - Assisting youth in distress.
  - Promoting personal growth and development among adolescents.
  - Communication between educators and their adolescent students: attitudes and skills.

Required Reading:

- Boyd, D., & Bee, H. (2012). *Lifespan development*. Upper Saddle River, NJ: Pearson.
- Dawes, M. (2017). Early adolescents' social goals and school adjustment. *Social Psychology of Education*, 20, 299-328.
- Hill, C. E., & O'Brien, K. M. (1999). *Helping skills: Facilitating exploration, insight, and Action*. Washington: American Psychological Association.
- Keating, D. P. (1990). Adolescent thinking. In S. S. Feldman and G. R. Elliott (Eds.), *At the threshold: The developing adolescent* (pp. 54-89). Cambridge, MA: Harvard University Press.
- Marcia, J. E. (1980). Identity in Adolescence. In J. Adelson (Ed.), *Handbook of adolescent psychology* (pp. 159-187). New York: Wiley.
- Sanders, C., Diego, M., Field, T., & Kaplan, M. (2000). The relationship of internet use to depression and social isolation among adolescents. *Adolescence*, 38, 35-42.
- Siegler, R., DeLoache, J., & Eisenberg, N. (2003). *How children develop*. New York: Worth Publisher.
- Wolak, J., Mitchell, K., & Finkelhor, D. (2003). Escaping or connecting? Characteristics of youth who form close online relationships. *Journal of Adolescence*, 26, 105-119.
- Slone, M., & Roziner, I. (2013). Does self-complexity moderate the effects of exposure to political violence for adolescents? *Anxiety, Stress & Coping*, 26, 659-673.
- Steinberg, L.D. (2017). *Adolescence*. 11th edition. New York: McGraw-Hill.

Additional Reading Material:

None

Course/Module evaluation:

End of year written/oral examination 0 %  
Presentation 0 %  
Participation in Tutorials 0 %  
Project work 100 %  
Assignments 0 %  
Reports 0 %

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*Research project 0 %*  
*Quizzes 0 %*  
*Other 0 %*

*Additional information:*

*-Participants should submit three short Assignments (no grade).*

*-It is possible to make a class presentation, based on the reading material, and gain a bonus of five points.*