



## *The Hebrew University of Jerusalem*

### *Syllabus*

## *Life skills - teaching practice and workshop - 34334*

*Last update 29-09-2024*

*HU Credits: 4*

*Degree/Cycle: 2nd degree (Master)*

*Responsible Department: Teaching Training - Diploma*

*Academic year: 0*

*Semester: 1st Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: Hila Edri*

*Coordinator Email: [Hila.Edri1@mail.huji.ac.il](mailto:Hila.Edri1@mail.huji.ac.il)*

*Coordinator Office Hours: By appointment*

*Teaching Staff:*

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Ms. Hila Edri

Course/Module description:

*The achieving of theoretical knowledge and its connection to tools, skills and knowledge.*

*As a result of these experiences, discourse and thinking were discussed with reference to the models and theories on which the life skills program is based. The course will be conducted as a workshop that accompanies the practical experience in the field and will be based on models and theories on which the life skills program and the learning cycle are based as a permanent structure throughout the meetings - experience, conceptualization and learning.*

*The emotional-social-educational discourse will be emphasized during the course as a parallel process for school work.*

Course/Module aims:

*- Familiarity with the school system and a variety of typical students. Training students in guiding skills and leading a social emotional program. And strengthening students' sense of ability impart and practicing skills in life skills. Exposure to the underlying theories and life skills program. Familiarity with the "Life Skills" program*

Learning outcomes - On successful completion of this module, students should be able to:

*- Understanding school and the people that run it  
- Development of teaching skills  
- Recognition of the school as an institution  
- Watch systematic teaching ability of others  
- Ability to design lesson plans. Students will recognize the life skills program, and its theoretical infrastructure.*

*Will have skills and abilities to guide a life skills program.*

*Will be able to adapt and construct instructional content adapted to the needs of the population with which they work.*

*Will be able to turn on self reflection*

*Preparing and delivering an online lesson in life skills.*

Attendance requirements(%):

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100 physical attendance or attendance online.

Teaching arrangement and method of instruction: Interpersonal training

Course/Module Content:

- View teaching
  - Teaching small groups
  - Teaching whole classes
  - Knowledge of different roles at school
  - Student's perception in class
  - Classroom management
  - Preparing lesson plans
- List of topics  
Curriculum in the course  
Learning Circle  
ON-B The five focal points in the core of "life skills"  
The diamond model  
Perception of work in life skills classes based on positive psychology

Required Reading:

1

Additional Reading Material:

Grading Scheme:

Essay / Project / Final Assignment / Home Exam / Referat 100 %

Additional information:

Some of the course assignments are teaching life skills classes at school and watching teachers teach life skills.