



# *The Hebrew University of Jerusalem*

## *Syllabus*

### *Stigma in the disabilities field - 3412*

*Last update 21-10-2019*

*HU Credits: 2*

*Degree/Cycle: 2nd degree (Master)*

*Responsible Department: Social Work*

*Academic year: 0*

*Semester: 1st Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: Dr. Shirli Werner*

*Coordinator Email: [shirli.werner@mail.huji.ac.il](mailto:shirli.werner@mail.huji.ac.il)*

*Coordinator Office Hours: Mondays 12:15-13:15 or upon request*

*Teaching Staff:*

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Prof Shirli Werner

Course/Module description:

Stigma towards individuals with disabilities is still common. Stigma negatively impact these individuals and their families including: exclusion from society, fewer life opportunities and distancing. Stigma has been found to be associated with emotional stress and lower self-esteem. In addition, stigma may result in lack of help-seeking. This class will focus on understanding of the stigma concept, with examples from the mental illness and intellectual disabilities fields, and understanding the impact of stigma on the individual, his/ her family and larger society.

Course/Module aims:

During the course, we will define the concept of stigma and learn about sociological and psychological theories dealing with the origin of stigma. We will learn about the experience of stigma among individuals with disabilities. In addition, we will examine the consequences of stigma on the family and modes of coping. In addition, we will discuss stigma as expressed among professionals, the general public and the media. Finally, we will present a range of efforts to eradicate stigma worldwide.

Learning outcomes - On successful completion of this module, students should be able to:

1. Describe sociological and psychological approaches to explaining the sources of stigma.
2. Explain the changes in public stigma over the years.
3. Describe different ways to eradicate self stigma and public stigma and assess their effectiveness.
4. Evaluate and criticize the existing literature in various stigma domains.
5. Assess and monitor the effects of the media and the development of the language to deal with stigma.

Attendance requirements(%):

100%

Teaching arrangement and method of instruction: Frontal lectures, work in small groups, exercises, movies, discussions and active participation of students.

Course/Module Content:

Stigma models.

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Public stigma.  
Stigma in the media.  
Self-stigma.  
Dealing with stigma in adulthood.  
Stigma in childhood.  
Professional stigma.  
Family stigma.  
Structural stigma.  
Efforts to eradicate stigma.  
Mad studies

Required Reading:

\*\*\* Pescosolido, B.A., & Martin, J.K. (2015). The stigma complex. *Annual Review of Sociology*, 41, 87-116.

סטיגמה ציבורית (שיעור 3 + 4)

\*\*\*Ben-Natan, M., Drori, T., & Hochman, O. (2017). The impact of mental health reform on mental illness stigmas in Israel. *Archives of Psychiatric Nursing*, 31, 610-613.

\*\*\* Papadopoulos, C., Foster, J., & Caldwell, K. (2013). 'Individualism-collectivism' as an explanatory device for mental illness stigma. *Community Mental Health Journal*, 49, 270-280.

\*\*\*קמה, ע. (2015). דימויים פוצעים: ייצוגי אנשים עם לקויות בתקשורת. בתוך מ. חובב, א. דובדבני וק. פלדמן (עורכים). מהדרה להכלה: החיים בקהילה של אנשים עם מוגבלויות בישראל (עמ' 181-213). ירושלים: כרמל.

\*\*\* Switaj, P., Grygiel, P., Chrostek, A., Nowak, I., Wciorka, J., & Anczewka, M. (2017). The relationship between internalized stigma and quality of life among people with mental illness: Are self-esteem and sense of coherence sequential mediators? *Quality of Life Research*, 26, 2471-2478.

\*\*Lynch, J.W., & Rodell, J.B. (2018). Blend in or stand out? Interpersonal outcomes of managing concealable stigmas at work. *Journal of Applied Psychology*, <http://dx.doi.org/10.1037/apl0000342>

\*\* Werner, S., Peretz, H., & Roth, D. (2015). Children's attitudes toward children with and without disabilities. *Early Childhood Research Quarterly*, 33, 98-107.

\*\* Itzick, M., Tal-Katz, P. (2017). Predictors of the self-reported likelihood of seeking social workers help among people with physical disabilities. *Social Work in Public Health*, 32, 369-381. Doi: 10.1080.19371918.2017.1327387

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**\*\*Broady, T.R., Stoyles, G.J., Morse, C. (2017). Understanding carer's lived experience of stigma: The voice of families with a child on the autism spectrum. *Health and Social Care in the Community*, 25, 224-233. Doi: 10.1111/hsc.12297**

**\*\*Holder, S.M., Peterson, E.R., Stephens, R., & Crandall, L.A. (2019). Stigma in mental health at the macro and micro levels: Implications for mental health consumers and professionals. *Community Mental Health Journal*, 55, 369-374.**

**\*\* Stuart, H. (2016). Reducing the stigma of mental illness. *Global Mental Health*, e17, 1-14. Doi: 10.1017/gmh.2016.11**

### **Additional Reading Material:**

**Bos, A. E. R., Pryor, J. B., Reeder, G. D., & Stutterheim, S. E. (2013). Stigma: Advances in theory and research. *Basic and Applied Social Psychology*, 35, 1, 1-9.**

**Jones, N., & Corrigan, P.W. (2014). Understanding stigma. In P.W. Corrigan: *The stigma of disease and disability: Understanding causes and overcoming injustices* (pp. 9-34). Washington, DC: American Psychological Association.**

**Wilson, M.C., & Scior, K. (2015). Implicit attitudes towards people with intellectual disabilities: Their relationship with explicit attitudes, social distance, emotions and contact. *PLoS One*, 14(9):e0137902.**

**Yang, Y., Tang, L., Bie, B. (2017). Portrayals of mental illness in women's and men's magazines in the United States. *Journalism & Mass Communication Quarterly*, 94, 793-811.**

**ורנר, ש., בן-צבי, נ., וביתן, נ. (2016). חלק א' - עמדות כלפי אנשים עם מוגבלות שכלית: סקר בציבור הרחב וסקר בקרב אנשים עם מוגבלות שכלית. בתוך: מדד ההכללה ה-4 של אנשים עם מוגבלות שכלית בחברה הישראלית. אקים ישראל: תל-אביב.**

**Lyons, B.J., Martinez, L.R., Ruggs, E.N., Hebl, M.R., Ryan, A.M., & Roebuck, A. (2018). To say or not to say: Different strategies of acknowledging a visible disability. *Journal of Management*, 44, 1980-2007. Doi: 10.1177/0149206316638160**

**Heary, C., Hennessy, E., & Swords, L. (2014). Stigma associated with disease and disability during childhood and adolescence: A developmental approach. In P.W. Corrigan: *The stigma of disease and disability: Understanding causes and overcoming injustices* (pp. 205-222). Washington, DC: American Psychological**

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Association.

Werner, S., & Araten-Bergman, T. (2017). Social workers' stigmatic perceptions of individuals with disabilities. A focus on three disabilities. *Journal of Mental Health Research in Intellectual Disabilities*, 10, 93-107. DOI: 10.1080/19315864.2017.1284288

Hansson, L., Jormfeldt, H., Svedberg, P., & Svensson, B. (2013). Mental health professionals' attitudes towards people with mental illness: Do they differ from attitudes held by people with mental illness? *International Journal of Social Psychiatry*, 59, 48-54. doi: 10.1177/0020764011423176

Moses, T. (2014). Stigma and family. In P.W. Corrigan: *The stigma of disease and disability: Understanding causes and overcoming injustices* (pp. 247-268). Washington, DC: American Psychological Association.

Liegghio, M. (2016). Too young to be mad: Disabling encounters with 'normal' from the perspective of pyshiatrized youth. *Intersectionalities: A Global Journal of Social Work Analysis Research Polity and Practice*, 5, 110-129.

Dirth, T.P., & Branscombe, N.R. (2017). Disability models affect disability policy support through awareness of structural discrimination. *Journal of Social Issues*, 73, 413-442.

ורנר, ש'. (2018). תפיסות של חיילים ללא מוגבלות שכלית כלפי שילובם בצה"ל של אנשים עם מוגבלות שכלית. ביטחון סוציאלי, 104, 123-161.

חומרים להעשרה נוספת:

ימין, ע', רועה, ד', יאנוס, פ', וליסאקר, פ'. (2012). התערבות קבוצתית להפחתת סטיגמה עצמית בקרב אנשים המתמודדים עם הפרעות נפשיות קשות. שיחות, כ"ו, 278-290.

Cremoini, V., Pagnucci, N., Giacometti, F., & Rubbi, I. (2018). Health care professionals attitudes toward mental illness: Observational study performed at a public health facility in Northern Italy. *Archives of Psychiatric Nursing*, 32, 24-30.

Hatzenbuehler, M. L., Link, B. G. (2014). Introduction to the special issue on structural stigma and health. *Social Science & Medicine*, 103, 1-6.

Angermeyer, M.C., Matschinger, H., & Schomerus. (2013). Attitudes towards psychiatric treatment and people with mental illness: Changes over two decades. *British Journal of Psychiatry*, 203, 146-151.

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Stuart, H., Patten S.B., Koller, M., Modgill, G., & Liinamaa, T. (2014). Stigma in Canada: Results from a rapid response survey. *Canadian Journal of Psychiatry*, 59, 527-33.

Werner, S. (2015). Public stigma in intellectual disability: Do direct versus indirect questions make a difference? *Journal of Intellectual Disability Research*, 59, 958-969.

Tang, L., & Bie, B. (2016). The stigma of autism in China: An analysis of newspaper portrayals of autism between 2003 and 2012. *Health Communication*, 31, 445-452.

Renwick, R. (2016). Rarely seen, seldom heard: People with intellectual disabilities in the mass media. In K. Scior, & S. Werner: *Intellectual disability and stigma: Stepping out from the margins*. London: Palgrave MacMillian.

Corrigan, P.W., Bink, A.B., Schmidt, A., Jones, N., Rusch, N. (2016). What is the impact of self-stigma? Loss of self-respect and the "why try" effect. *Journal of Mental Health*, 25, 10-15.

Sheehan, R., & Ali, A. (2016). Self-stigma in people with intellectual disabilities. In K. Scior, & S. Werner: *Intellectual disability and stigma: Stepping out from the margins*. London: Palgrave MacMillian.

Breau, L.M., Aston, M., & MacLeod, E. (2018). Education creates comfort and challenges stigma towards children with intellectual disabilities. *Journal of Intellectual Disabilities*, 22, 18-32.

Pelleboer-Gunnink, H.A., van Oorsouw, W.M.W.J., van Weeghel, J., & Embregts, P.J.C.M. (2017). Mainstream health professionals' stigmatizing attitudes towards people with intellectual disabilities: A systematic review. *Journal of Intellectual Disability Research*, 61, 411-434.

Itzick, M., Tal-Katz, P. (2017). Predictors of the self-reported likelihood of seeking social workers help among people with physical disabilities. *Social Work in Public Health*, 32, 369-381. Doi: 10.1080.19371918.2017.1327387

Verhaeghe, M., & Bracke, P. (2012). Associative stigma among mental health professionals: Implications for professional and service user well-being. *Journal of Health and Social Behavior*, 53,17-32.

Hansson, L., Jormfeldt, H., Svedberg, P., & Svensson, B. (2013). Mental health professionals' attitudes towards people with mental illness: Do they differ from attitudes held by people with mental illness? *International Journal of Social Psychiatry*, 59, 48-54. doi: 10.1177/0020764011423176

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Liegghio, M. (2017). 'Not a good person': Family stigma of mental illness from the perspective of young siblings. *Child and Family Social Work*, 22, 1237-1245.

Banga, G., & Subharati, G. (2017). The impact of affiliate stigma on the psychological well-being of mothers of children with specific learning disabilities in India: The mediating role of subjective burden. *Journal of Applied Research in Intellectual Disabilities*, 30, 958-969.

McConkey, R., Kahonde, C., & McKenzie, J. (2016). Tackling stigma in developing countries: The key role of families. In K. Scior, & S. Werner: *Intellectual disability and stigma: Stepping out from the margins*. London: Palgrave MacMillian.

Angermeyer, M.C., Matschinger, H., Link, B.G., & Schomerus, G. (2014). Public attitudes regarding individual and structural discrimination: Two sides to the same coin? *Social Science & Medicine*, 103, 60-66.

Stuart, H. (2016). Reducing the stigma of mental illness. *Global Mental Health*, 3, e17. Doi: 10.1017/gmh.2016.11

Cook, J.E., Purdie-Baughns, V., Meyer, I.H., & Busch, J.T.A. (2014). Intervening within and across levels: A multilevel approach to stigma and public health. *Social Science & Medicine*, 103, 101-109.

Corrigan, P.W., Michaels, P.J., Vega, E., Gause, M., Larson, J., Kryzanowski, R., & Botcheva, L. (2014). Key ingredients to contact-based stigma change: A cross-validation. *Psychiatric Rehabilitation Journal*, 37, 62-64.

Corrigan, P.W., Powell, K.J., Fokuo, K., & Kosyluk, K.A. (2014). Does humor influence the stigma of mental illnesses. *Journal of Nervous and Mental Disorders*, 202, 397-401.

Werner, S., & Scior, K. (2016). Interventions aimed at tackling intellectual disability stigma: What works and what still needs to be done. In K. Scior, & S. Werner: *Intellectual disability and stigma: Stepping out from the margins*. London: Palgrave MacMillian.

Anderson, S., & Bigby, C. (2016). Empowering people with intellectual disabilities to challenge stigma. In K. Scior, & S. Werner: *Intellectual disability and stigma: Stepping out from the margins*. London: Palgrave MacMillian.

Yanos, P.T., Lucksted, A., Drapalski, A.L., Roe, D., & Lysaker, P. (2015). Interventions targeting mental health self-stigma: A review and comparison. *Psychiatric Rehabilitation Journal*, 38, 171-178.

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Course/Module evaluation:

End of year written/oral examination 0 %

Presentation 0 %

Participation in Tutorials 0 %

Project work 80 %

Assignments 20 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information: