

# The Hebrew University of Jerusalem

Syllabus

# BIBLIOTHERAPY: DEALING WITH CRISIS IN LITERATURE - 34036

Last update 14-07-2015

HU Credits: 2

<u>Degree/Cycle:</u> 1st degree (Bachelor)

Responsible Department: Teachers' training, Education

Academic year: 2

Semester: 1st Semester

<u>Teaching Languages:</u> Hebrew

Campus: Mt. Scopus

<u>Course/Module Coordinator:</u> Dr. Rivka Berger

Coordinator Email: rivkaberger@gmail.com

Coordinator Office Hours: wed. 16:00-17:00

#### Teaching Staff:

Dr. Rivka Berger

# Course/Module description:

The students will read literature which is suitable for adolescents and describes situations of crisis, danger and existential questions as well as ways of coping

#### Course/Module aims:

1. to learn therapoitic principals and the ways to oprate them through literature 2.to adopt the therapoitic principals and ways of oparating to adolecents

<u>Learning outcomes - On successful completion of this module, students should be able to:</u>

- 1. a paper on an unseen literary text
- 2. a short presentation of the paper

# Attendance requirements(%):

80%

Teaching arrangement and method of instruction: at home-reading the theoreticl material

in class- disscusion about the aplication of the theory on literary text

#### **Course/Module Content:**

each class will focus on a new literary text-all the texts are in Hebrew

# Required Reading:

All obligatory readings in this course are in Hebrew and include both primary and secondary sources.

#### Additional Reading Material:

most of opptional readings in this course are in Hebrew and some in English

Buber, M` (1958). I and Thou, Edinburg: Clarke

Ellis, A`& Whitely, J` M` (1979). Theoretical and Empirical Roundations of Rational

Emotive Therapy. California: Brooks/Cole.

Neuman, E` (1969). Depth Psychology and a New Etic. London: Holder & Stougton. White, M.&Epston, D. (1990): Narrative Means to Therapeutic Ends. New York: W.W. Norton.

# Course/Module evaluation:

End of year written/oral examination 0 %
Presentation 10 %
Participation in Tutorials 0 %
Project work 50 %
Assignments 40 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

# Additional information:

None