Syllabus

PARENTS GUIDANCE - 3357

Last update 17-05-2015

HU Credits:  2

Degree/Cycle: 2nd degree (Master)

Responsible Department: M.A. in Early Child Studies

Academic year: 1

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus:

Course/Module Coordinator: Esther Bamberger

Coordinator Email: estherbamberger@gmail.com

Coordinator Office Hours: By appointment

Teaching Staff:

Esther Bamberger
Course/Module description:
Current approaches in the field of children's mental health highlight the importance of intervention with parents that their child is in emotional distress. The meeting of the professional with parents brings up various options for intervention, as well as personal and professional dilemmas. The course will review the ways parents influence the development of their child's mental health, modern parenting experience and effects on parenting. Learn how to bring parents complaining about their child's problem, to become partners in the way to heal it. Expand the skills needed to make contact and a therapeutic alliance with parents, and to identify sources of difficulty and strength of parents that their child is in emotional distress. Discuss interventions tailored to the variety of parents and parental styles, based on theoretical approaches that focus on intervention regarding parent - child. The course will use the experiences of students in meetings with parents and children to discuss and tasks of the course. The course will focus on guidance of parent of young children.

Course/Module aims:
Understanding of the effects of parenting on the development and adaptation of young children, understanding the influences on parenting, familiarity with the key principles for creating a therapeutic alliance with parents, and intervention approaches that focus on intervention about the parent - child connection. Connection between theoretical concepts learned in professional work experiences of students.

Learning outcomes - On successful completion of this module, students should be able to:
Discuss the effects of parents on the development and adaptation of young children and the major influences on parenting.
Improve their ability to create a therapeutic alliance with parents, describe complex concepts and the nature of the parent parent - child relationship and to plan possible interventions custom made to fit the parenting style.
Examine the options for the application of principles and issues learned to their professional work.

Attendance requirements(%):
80%

Teaching arrangement and method of instruction: Lecture, discussion and classroom practice.
Course/Module Content:
Effects of parenting on the development and adjustment of children, the parenting experience, effects on parenting, creating a therapeutic alliance with parents, principles and tools for intervention with parents from approaches that focus on changing the parent - child relationship, through meetings with parents, to promote distress related to the mental health of young children.

Required Reading:
The student can choose items from the bibliographic list for preparing course assignments. All articles are on the course website. The bibliographic list appears in the section of "further reading material".

Additional Reading Material:
Bibliography
... (הורות כמשאב בהתפתחות בריאה וכגורם מגן ובונה חוסן בקרב ילדים ובני נוער 2011).
... (הפונקציה הרפלקטיבית כגורם מחולל שינוי בטיפול אם-ילד ואב-ילד. בתוך קפלן, ח., 2010).
הראל, י. ואבימאיר-פת, ר. (עורכים) (הורות כמשאב בהתפתחות בריאהinand גורמים נוספים보ונ חוסן בקרב ילדים ובני נוער 2012).
... אפקטיבית עם ילדים). ירושלים: אושיות 1982).
http://www.ayeka-merkaz.com/


Course/Module evaluation:
End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 0 %
Project work 0 %
Assignments 15 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 85 %

Additional information:
At the end of the course students will do a home exam and three personal reading exercises.
The course includes a site that has all the bibliographic material and class presentations.
Course assignments are based on the reading of the items from the bibliographic
list to the student's choice.
This "syllabus" is just a summary of the main points of the course and does not replace the detailed syllabus which appears on the course website. The detailed syllabus determines the reading list and obligations in the course.