האוניברסיטה העברית בירושלים THE HEBREW UNIVERSITY OF JERUSALEM



The Hebrew University of Jerusalem

Syllabus

Family therapy from the structural approach (psychodynamic orientation). - 3249

Last update 21-03-2020

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Social Work

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Ms. Sara Oren

Coordinator Email: happyfamily.you@gmail.com

Coordinator Office Hours: Monday by appointment

<u>Teaching Staff:</u> Ms. Oren Sara

Course/Module description:

The course will introduce the structural perspective of family therapy .Initiating work with the different subsystems of the family. Significant emphasis will be given to the dynamic role of the therapist. Who intentionally attempts to alter the structure or function of the family. And construct, planned clinical, therapeutic alliance. We shall examine different case studies of family therapy: identifying psychodynamic processes and discuss the possible clinical interventions.

<u>Course/Module aims:</u> will be completed

Learning outcomes - On successful completion of this module, students should be able to:

The student will be able to observe the family from structural perspective The student will be able to adapt appropriate therapeutic alliance The student will be able to apply dynamic therapist attitude The student will be able to identify and reconstruct the identified patient dilemma

<u>Attendance requirements(%):</u> 100%

Teaching arrangement and method of instruction: frontal teaching and active discussion of family therapy case studies

<u>Course/Module Content:</u> Structural family analysis Identified patient dilemma.

Reconstruction of the family

The dynamic role of the therapist

Working with parents The therapeutic alliance Solution focused family therapy

Required Reading:

Ramisch,J.,and Mcvicker,M.,and Sahin Z.(2009).Helping low-conflict divorced parents establish appropriate boundaries using a variation of the miracle question: an introduction of solution-focused therapy and structural family therapy.Journal of divorce and remarriage, 50:481-495,2009.

Hammond,R.T.(2006). The role of empathy in structural family therapy:A process study.

Additional Reading Material:

Oren, D., (2012).Psychodynamic Parenthood Therapy: A model for therapeutic work with parents and parenthood. Clinical child psychology and Psychiatry, 17(4), 553-570. SAGE Publications Ltd.

<u>Course/Module evaluation:</u> End of year written/oral examination 0 % Presentation 0 % Participation in Tutorials 0 % Project work 90 % Assignments 10 % Reports 0 % Research project 0 % Quizzes 0 % Other 0 %

Additional information:

Guidelines for exercises: You have to choose articles out of the mandatory reference list, and answer the following questions:(exercise length will be up to 1 page). a.Mention and expand one thing you learned from the article. b.Define and write in detail question/dilemma that arise from the article. c.What is the main cause for promoting the therapy, as it is evident from the article.

General guidelines for the final paper: the purpose of the paper is to combine the mandatory articles to the family that you are working with through out the year.Each one of you will describe and analyze the therapeutic process, based on the mandatory papers that were taught during the course. And according to 3-5 additional articles (according to your judgement). The articles will refer more specifically to the main issue of the therapy/family.