



# *The Hebrew University of Jerusalem*

## *Syllabus*

### *BASIC CONCEPTS IN PSYCHOLOGY - 3106*

*Last update 09-01-2014*

*HU Credits: 2*

*Degree/Cycle: 1st degree (Bachelor)*

*Responsible Department: Social Work and Social Welfare*

*Academic year: 1*

*Semester: 1st Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: Eduardo Duniec, Ph.D.*

*Coordinator Email: [msedudun@mscc.huji.ac.il](mailto:msedudun@mscc.huji.ac.il)*

*Coordinator Office Hours: By appointment*

*Teaching Staff:*

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Dr. Eduardo Duniec

Course/Module description:

The course focuses on basic theoretical concepts and research methods in psychology. It presents the different sub-areas of the field, as well as the different approaches to the investigation of psychological phenomena. We discuss the work of the most important experimenters, theoreticians and theoretical schools in the area of learning, memory, motivation, emotion, personality, stress, psychopathology and methods of treatment.

Course/Module aims:

1. To provide a basic understanding of how experimental and theoretical psychologists think about and study human behavior.
2. To understand, compare and apply multiple psychological perspectives.
3. To discuss, define and apply concepts from different research areas of psychology.

Learning outcomes - On successful completion of this module, students should be able to:

1. Demonstrate broad and deep knowledge of the field of psychology.
2. Understand the different theoretical approaches in psychology.
3. Evaluate the strengths and weaknesses of different research methods.
4. Critically read articles about psychological theory and research.
5. Apply psychological insights to the understanding and treatment of the person in need of psychological help and his/her family.

Attendance requirements(%):

100

Teaching arrangement and method of instruction: Lectures

Course/Module Content:

- \* General Introduction
- \* Learning
- \* Memory
- \* Motivation
- \* Emotions
- \* Personality

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- \* Stress
  - \* Psychopathology and Methods of Treatment

Required Reading:

ארגון הבריאות העולמי (בעריכת איגוד הפסיכיאטריה בישראל ומשרד הבריאות). הסיווג והאבחון הפסיכיאטרי לפי ארגון הבריאות העולמי (ICD-10).

תל-אביב: דיונון/אוניברסיטת תל-אביב, 1995.

גריג, ר. ג., זימברדו, פ. ג. (2010). מבוא לפסיכולוגיה - כרך ב'. רעננה: בית ההוצאה לאור של האוניברסיטה הפתוחה.

האוניברסיטה הפתוחה (1990). מבוא לפסיכולוגיה. תל-אביב : בית ההוצאה לאור של האוניברסיטה. (4 כרכים; 12 יחידות).

יובל, י. (2001). סערת נפש. תל-אביב: קשת. (פרק 16: "לזכור ולשכוח: ביולוגיה של זיכרון")

סטיירון, ו. (1990). חשכה נראית: זיכרון של שיגעון. תל אביב: הוצאת ידיעות אחרונות, 2005

American Psychiatric Association (2000). *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition: DSM-IV-TR*. Washington, DC: American Psychiatric Association.

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition: DSM-5*. Arlington, VA: American Psychiatric Association.

American Psychiatric Association (2013). "Highlights of Changes from DSM-IV-TR to DSM-5". (Retrieved May 2013 from <http://www.dsm5.org/Pages/Default.aspx>).

Comer, R. J. (2010). *Abnormal Psychology (7th edition)*. New York: Worth Publishers.

Nolen-Hoeksema, S., Fredrickson, B. L., Loftus, G. R., and Wagenaar, W. A. (2009). *Atkinson & Hilgard's Introduction to Psychology (15th ed.)*. Andover, UK: Wadsworth/ Cengage Learning.

Styron, W. (1990). *Darkness Visible: A Memoir of Madness*. New York: Random House.

Additional Reading Material:

None

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Course/Module evaluation:

End of year written/oral examination 100 %

Presentation 0 %

Participation in Tutorials 0 %

Project work 0 %

Assignments 0 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information:

None