

The Hebrew University of Jerusalem

Syllabus

Knowledge from personal experience - as a tool for promoting change - 3014

Last update 28-12-2022

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: Social Work

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Ms. Anat Shalev

Coordinator Email: anatshalev99@gmail.com

Coordinator Office Hours:

Teaching Staff:

Dr. Anat Shalev

Course/Module description:

"What matters in life is not what happens to you but what you remember and how you remember it". Gabriel Garcia Marquez.

"Learning from experience" is a course which have been contemplated more than a decade ago, knowing that despite many years of work with special people dealing with psychiatric disturbances of which most lead a full functioning life in the community, we don't know enough about how to listen to them, learn from them and work from this knowledge. Through the years we learned that listening is the most powerful tool allowing the right encounter and discourse with the person, and it might lead us to a more valuable and accurate work.

In this course we invite you to listen to yourself and to others, to enjoy, to get excited, to learn, to discuss and to think together about the unique contribution of this listening to your way ahead.

Course/Module aims:

Learning outcomes - On successful completion of this module, students should be able to:

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Attendance requirements(%):

100%

Teaching arrangement and method of instruction:

Course/Module Content:

Sunday, July 5th, 2020:

a. Opening: introduction, objectives, structure, requirements, history of the course- Anat Shalev

(9.00-10.30)

a. From coping to policy change- Social worker – Avi Oren – chairman of mental health clients in community

(11.00-12.30)

b. Knowledge from personal experience – from personal story to collective involvement and establishing an efficient collaboration- Pinto Mimon – director of expert colleagues – Mental Health Center, Beer Sheva

(13.00-14.30)

c. Reflective discussion – what did you learn from this day and how it is connected to your personal and professional life.

(15.00-16.00)

Monday, July 6th, 2020:

Personal experience experts and learning about recovery:

a. Morning meeting: practicing knowledge from personal experience- Anat Shalev (9.00-10.30).

b. From madness to profession – two stories- Sima Levy & Yohar Cohen (11.00-12.30)

c. Am I my brother's keeper? Gal Emanuel (13.00-14.30)

d. Reflective discussion- Anat Shalev (15.00-16.00)

Tuesday, July 7th, 2020:

A family dealing with neuro-psychiatric illness:

a. Morning meeting: knowledge from personal experience when dealing with families- Anat Shalev (9.00-10.30).

b. From research and field: the power and significance of the family narrative when collecting knowledge and coping mechanisms- Anat Shalev (11.00-12.30)

c. From the couple therapy in the clinic to my own relationship – the story of a husband dealing with his wife's illness- Rabbi Benny Worzman – couple and family therapist (13.00-14.30)

d. Reflective discussion- Anat Shalev (15.00-16.00)

Wednesday, July 8th, 2020:

Personal experience expertise as a motivating factor for change

b. Morning meeting: the transition from client to personal experience expert – advantages and disadvantages- Anat Shalev (9.00-10.00).

c. Multiple disabilities and how my own son influenced my life – movie and lecture- Dr. Hagit Gur-Ziv – co-chairman – families in mental health organization (10.00-12.00).

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- d. Knowledge from personal experience – the story of a woman dealing with neuro-psychiatric illness- Ilil Zin
(12.30-14.00)
- e. Reflective discussion and course summation- Anat Shalev
(14.00-16.00)

Required Reading:

1. Mandatory attendance – 100%
2. Participating during morning meetings and end of the day discussions.
3. Summarizing paper
 - a. Describe an experience/event/personal experience which can be learned from.
 - b. What could contribute to your work from this experience? What can assist you and what can hinder you in your work regarding the experience you described.
 - c. Write an integrative discussion regarding the issues arising from the learning from experience model regarding the learning materials provided in this course, including a theoretical reasoning from at least three articles relevant to the personal experience you chose.
 - d. Summarize reflectively your experience in the course.
 - The paper would be up to 8 pages, double space, letters size 12.
 - Deadline: August 15,2020
 - Grade includes quality of writing and expression component.
 - Reminding the ethics code regarding writing works and home tests (attached); each student has to approve reading and committing to these guidelines in the Moodle, as a condition for submitting a paper or home test.

Additional Reading Material:

Course/Module evaluation:

End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 10 %
Project work 90 %
Assignments 0 %
Reports 0 %
Research project 0 %
Quizzes 0 %

Other 0 %

Additional information: