



# *The Hebrew University of Jerusalem*

## *Syllabus*

### *Introduction to Psychology - 1106*

*Last update 09-10-2021*

*HU Credits: 0*

*Degree/Cycle: 1st degree (Bachelor)*

*Responsible Department: Pre-Academic Preparation for Humanities and Social Sciences- Advanced*

*Academic year: 0*

*Semester: 1st Semester*

*Teaching Languages: Hebrew*

*Campus: Mt. Scopus*

*Course/Module Coordinator: Hodaya Adelman*

*Coordinator Email: [hodaya.verdiger@mail.huji.ac.il](mailto:hodaya.verdiger@mail.huji.ac.il)*

*Coordinator Office Hours: Tuesday 12:00-12:30  
Wednesday  
16:00-16:30*

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Room 324

Teaching Staff:

Ms. Hodaya Verdiger

Course/Module description:

*This course provides a basic familiarity with the main issues Psychology deals with. Starting with learning personality systems of the individual in healthy and pathological situations (such as sensation and perception systems, consciousness and cognitive processes), and ending with a deeper understanding of the social and interpersonal system. In the course we will present main theories in the field and analyze daily examples.*

Course/Module aims:

*The aim of the course is to enable basic familiarity with the exploratory and applicative topics that stand at the core of modern psychology. Also, the course is designed to encourage thinking and analyzing ability of daily cases from the perspective of the well-known psychological theories.*

Learning outcomes - On successful completion of this module, students should be able to:

*The student should be able to describe the background of the evolution of psychology as it is known today. The student should be able to explain the exploratory methodological tools that stand at the foundation of psychological research and to apply the proper research methods based on the aims of the research. Furthermore, the student should be able to distinguish between the main theories in the field and to describe the well-known studies of the main topics in psychology such as the biological and evolutionary bases of behavior, sensation and perception systems, cognitive and emotional processes, different levels of consciousness, the learning system and social processes.*

Attendance requirements(%):

*Full attendance. It is not possible to attend to test with less than 80% attendance*

*Teaching arrangement and method of instruction: Lesson*

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Course/Module Content:

- Introduction
- Research methods in psychology
- The biological and evolutionary bases of behavior
- sensation and perception
- Mind, consciousness, and alternate states
- Learning and behavior analysis
- Cognitive processes
- Human development across the life span
- Emotion, stress, and health
- Psychological disorders and therapies
- Social cognition and relationships
- Social processes, society, and culture

Required Reading:

Grig and Zimbardo (2010) [in Hebrew]

Additional Reading Material:

- \*Martin, G. N., & Carlson, N. R. (2019). *Psychology* (6th ed.). London, UK: Pearson
- \*Hilgard, E. R. (1953). *Introduction to psychology*. Harcourt, Brace.

Course/Module evaluation:

End of year written/oral examination 45 %  
Presentation 0 %  
Participation in Tutorials 5 %  
Project work 0 %  
Assignments 20 %  
Reports 0 %  
Research project 0 %  
Quizzes 20 %  
Other 10 %  
presentaion

Additional information:

The assessment structure and schedule are tentative and subject to changes by the Academic Secretariat as well as changes in teaching conditions. Changes will be updated in class and in the course moodle; it is the students' responsibility to keep

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*track of updates*