



# *The Hebrew University of Jerusalem*

## *Syllabus*

### *Introduction to Psychology - 1106*

*Last update 12-10-2020*

*HU Credits:* 0

*Degree/Cycle:* 1st degree (Bachelor)

*Responsible Department:* Pre-Academic Preparation for Humanities and Social Sciences- Advanced

*Academic year:* 0

*Semester:* 1st Semester

*Teaching Languages:* Hebrew

*Campus:* Mt. Scopus

*Course/Module Coordinator:* Dr. Naftally Israeli

*Coordinator Email:* [naftally.israeli@mail.huji.ac.il](mailto:naftally.israeli@mail.huji.ac.il)

*Coordinator Office Hours:*

---

Teaching Staff:

Dr.

Course/Module description:

Psychology is about exploring, describing and understanding the human psyche. This course will provide initial understanding of the topics that psychology deals with, such as awareness and perception, memory and learning, cognitive and emotional processes, human development, and understanding of one's personality. During the course, different approaches to psychological research will be studied and examples of ways in which the course topics will be expressed in the daily lives of each and every one of us will be presented.

Course/Module aims:

The course aims to enable a broad understanding of various aspects of modern psychology. The course will cover a range of topics that are currently in the focus of psychological research and therapy. The course will provide understanding of key research findings in these areas and of the methodology that enables their development.

Learning outcomes - On successful completion of this module, students should be able to:

To know the research methods in scientific psychology, to know how psychology has evolved across its different fields, to distinguish between different areas of psychological research, to understand basic concepts in the different fields that psychology explores: biological foundations of behavior, sensing and perception, cognition, learning, memory and other cognitive processes, IQ, human development, motivation and emotion, personality, psychological disorders and treatment, and social psychology.

Attendance requirements(%):

100%

Teaching arrangement and method of instruction: Lesson

Course/Module Content:

1. The psychology of our lives
2. Research methods in psychology
3. The biological and evolutionary elements of behavior
4. Sensing and perception
5. Awareness and other states of consciousness

- 
6. Learning and behavior analysis
  7. Memory
  8. Cognitive processes
  9. IQ
  10. Human development
  11. Motivation
  12. Emotion, stress and health
  13. Personality
  14. Psychological disorders
  15. Treatment of psychological disorders
  16. Social Cognition and Social Relations
  17. Social processes, society and culture

Required Reading:

*Grig and Zimbardo (2010) [in Hebrew]*

Additional Reading Material:

*Nolen-Hoeksema, S. (2009). Atkinson and Hilgard's introduction to psychology. 15th edition. Australia: Wardsworth.*

Course/Module evaluation:

*End of year written/oral examination 55 %*

*Presentation 0 %*

*Participation in Tutorials 5 %*

*Project work 0 %*

*Assignments 0 %*

*Reports 10 %*

*Research project 0 %*

*Quizzes 30 %*

*Other 0 %*

Additional information: