



## *The Hebrew University of Jerusalem*

### *Syllabus*

# *THE FOUNDATION OF EATING DISORDERS - 71172*

*Last update 03-04-2013*

*HU Credits: 3*

*Degree/Cycle: 2nd degree (Master)*

*Responsible Department:*

*Academic year: 1*

*Semester: 2nd Semester*

*Teaching Languages:*

*Campus: Rehovot*

*Course/Module Coordinator:*

*Coordinator Email:*

*Coordinator Office Hours:*

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Teaching Staff:

Moria Golan

Course/Module description:

The course address feeding disorders as well as eating disorders: diagnosis, pathology, etiolog and treatment.

Course/Module aims:

1. To differentiate between feeding disorders and eating disorders
2. To be familiar with different diagnostic approaches
3. To learn the different etiologies and therapy approaches.

Learning outcomes - On successful completion of this module, students should be able to:

1. Ability to differentiate between eating disorders and feeding disorders
2. Have deep understanding of feeding and eating disorders
3. Be able to assess different therapeutic approaches

Attendance requirements(%):

Teaching arrangement and method of instruction: Lectures with case studies.  
Critical reading of one manuscript from the field and presentation by each of the students

Course/Module Content:

Definitions of Feeding disorders vs. Eating disorders – diagnosis.  
Self regulation  
Impaired self regulation as the foundation of feeding and eating disorders  
Feeding disorders – diagnosis and etiology  
Feeding disorders – diagnosis and etiology  
Feeding disorders – treatment  
Eating disorders – differential diagnosis and pathology – Anorexia Nervosa  
Eating disorders – differential diagnosis and pathology – Bulimia Nervosa  
Eating disorders – differential diagnosis and pathology – Eating Disorders Not  
Otherwise Specified (ED-NOS)  
Shared and differential etiology in eating disorders – personal factors  
Shared and differential etiology in eating disorders – Cultural and familial factors  
Course, treatment and prognosis of ED

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Course, treatment and prognosis of ED

Required Reading:

Updated manuscript for each student

Additional Reading Material:

ביבליוגרפיה

1. הפחד לתפוש מקום. איתן בכר. ירושלים: הוצאת מאגנס, 2001.
2. קלוד פגי. השפה הסודית של הפרעות האכילה: הוצאת כתר 1997.
3. אנורקטיות מספרות על אנורקסיה / עורכת: רוזמרי שלי, קרית-ביאליק: אח, 2006.
4.
  1. June A, Treasure J. A collaborative approach to eating disorders, Routledge publication, 2010.
  2. Irene, M.D. Chatoor, *Diagnosis and Treatment of Feeding Disorders in Infants, Toddlers, and Young Children, Zero to Three*, 2009
  3. Daniel le Grange, James Lock. *Treating Bulimia in Adolescents*, Guilford press, 2009.
  4. Janet Treasure, Ulrike Schmidt, Pam Macdonald . *The Clinician's Guide to Collaborative Caring in Eating Disorders*, Guilford press, 2009
  5. Debra L. Safer, Christy F. Telch, Eunice Y. Chen. *Dialectical Behavior Therapy for Binge Eating and Bulimia*, Guilford press, 2009.
  6. Simon G. Gowers, Lynne Green. *Eating disorders. Cognitive Behaviour Therapy with Children and Young People*, Guilford press, 2009.
  7. Kelly L. Klump, Stephen Wonderlich, James E. Mitchell, and Matrina Zwann. *Annual Review of Eating Disorders*, Radcliffe Publishing, 2008
  8. Christopher G. Fairburn. *Cognitive Behavior Therapy and Eating Disorders*
  9. The Guilford Press, 2008
  10. Kathryn J. Zerbe. *Integrated Treatment of Eating Disorders: Beyond the Body Betrayed* W. W. Norton, 2008.
  11. Bryan Lask & Rachel Bryant-Waugh (eds). *Eating Disorders in Childhood and*
  12. *Adolescence*. Routledge; 3 edition, 2007.
  13. Janet Treasure, Gráinne Smith) Anna Crane. *Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method*. Routledge, 2007.
  14. Giorgio Narddone, Tiziana Verbitz, Roberta Milanese. *Prison Of Food: Research and Treatment of Eating Disorders*. Karnac Books, 2005.
  15. Allison Kelly C., Albert J. Stunkard, and Sara L. Thier *Overcoming Night Eating Syndrome: A Step-by-Step Guide to Breaking the Cycle*, Gurze, 2004
  16. Richard Maisel, David Epston, and Ali Borden. *Biting the Hand That Starves You: Inspiring Resistance to Anorexia/Bulimia*. W. W. Norton & Company, 2004.
  17. Randi E., McCabe, Traci L., McFarlane, Marion P. Olmstead. *Overcoming Bulimia: Your Comprehensive, Step-By-Step Guide to Recovery* (New Harbinger Publications; Workbook edition, 2004.
  18. Rachel Bryant-Waugh and Bryan Lask. *Eating Disorders:A Parents' Guide*.

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Gurze Books, 2004. Birmingham C. Laird and Pierre Beumont . *Medical Management of Eating Disorders*. Cambridge University Press, 2004

19. Cooper, M. *The psychology of bulimia nervosa: A cognitive perspective*. Oxford, Oxford University Press, 2004.

20. Evelyn Tribole Elyse Resch. *Intuitive Eating: A Revolutionary Program That Works* St. Martin&apos;s Griffin; 2nd edition, 2003.

21. Marcia Herrin. *Nutrition Counseling in the Treatment of Eating Disorders*. Brunner-Routledge, 2002

22. Helen Riess, Mary Dockray-Miller . *Integrative Group Treatment for Bulimia Nervosa* Columbia University Press Hardcover - November 22, 2002 Ogden J, ed. *The Psychology of Eating*. Blackwell publishing, 2001

23. Christopher Fairburn and Kelly D Brownell, eds. *Eating Disorders and Obsity*. Second edition. Guilford Press, 2001

24. Garner DM and Garfinkel PE, eds. *Second edition. Handbook of treatment of eating disorders*. Guilford Press, 2000.

Course/Module evaluation:

End of year written/oral examination 80 %

Presentation 10 %

Participation in Tutorials 10 %

Project work 0 %

Assignments 0 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information: