

The Hebrew University of Jerusalem

Syllabus

THE FOUNDATION OF EATING DISORDERS - 71172

Last update 03-04-2013

HU Credits: 3

Degree/Cycle: 2nd degree (Master)

Responsible Department:

Academic year: 1

Semester: 2nd Semester

Teaching Languages:

Campus: Rehovot

Course/Module Coordinator:

Coordinator Email:

Coordinator Office Hours:

Teaching Staff:

Moria Golan

Course/Module description:

The course address feeding disorders as well as eating disorders: diagnosis, pathology, etiolog and treatment.

Course/Module aims:

1. To differentiate between feeding disorders and eating disorders
2. To be familiar with different diagnostic approaches
3. To learn the different etiologies and therapy approaches.

Learning outcomes - On successful completion of this module, students should be able to:

1. Ability to differentiate between eating disorders and feeding disorders
2. Have deep understanding of feeding and eating disorders
3. Be able to assess different therapeutic approaches

Attendance requirements(%):

Teaching arrangement and method of instruction: Lectures with case studies.
Critical reading of one manuscript from the field and presentation by each of the students

Course/Module Content:

Definitions of Feeding disorders vs. Eating disorders – diagnosis.
Self regulation
Impaired self regulation as the foundation of feeding and eating disorders
Feeding disorders – diagnosis and etiology
Feeding disorders – diagnosis and etiology
Feeding disorders – treatment
Eating disorders – differential diagnosis and pathology – Anorexia Nervosa
Eating disorders – differential diagnosis and pathology – Bulimia Nervosa
Eating disorders – differential diagnosis and pathology – Eating Disorders Not Otherwise Specified (ED-NOS)
Shared and differential etiology in eating disorders – personal factors
Shared and differential etiology in eating disorders – Cultural and familial factors
Course, treatment and prognosis of ED

Course, treatment and prognosis of ED

Required Reading:

Updated manuscript for each student

Additional Reading Material:

ביבליוגרפיה

1. הפחד לתפוש מקום. איתן בכר. ירושלים: הוצאת מאגנס, 2001.
2. קלוד פגי. השפה הסודית של הפרעות האכילה: הוצאת כתר 1997.
3. אנורקטיות מספרות על אנורקסיה / עורכת: רוזמרי שלי, קרית-ביאליק: אח, 2006.
4.
 1. June A, Treasure J. A collaborative approach to eating disorders, Routledge publication, 2010.
 2. Irene, M.D. Chatoor, Diagnosis and Treatment of Feeding Disorders in Infants, Toddlers, and Young Children, Zero to Three, 2009
 3. Daniel le Grange, James Lock. Treating Bulimia in Adolescents, Guilford press, 2009.
 4. Janet Treasure, Ulrike Schmidt, Pam Macdonald . The Clinician's Guide to Collaborative Caring in Eating Disorders, Guilford press, 2009
 5. Debra L. Safer, Christy F. Telch, Eunice Y. Chen. Dialectical Behavior Therapy for Binge Eating and Bulimia, Guilford press, 2009.
 6. Simon G. Gowers, Lynne Green. Eating disorders. Cognitive Behaviour Therapy with Children and Young People, Guilford press, 2009.
 7. Kelly L. Klump, Stephen Wonderlich, James E. Mitchell, and Matrina Zwann. Annual Review of Eating Disorders, Radcliffe Publishing, 2008
 8. Christopher G. Fairburn. Cognitive Behavior Therapy and Eating Disorders
 9. The Guilford Press, 2008
 10. Kathryn J. Zerbe. Integrated Treatment of Eating Disorders: Beyond the Body Betrayed W. W. Norton, 2008.
 11. Bryan Lask & Rachel Bryant-Waugh (eds). Eating Disorders in Childhood and
 12. Adolescence. Routledge; 3 edition, 2007.
 13. Janet Treasure, Gráinne Smith) Anna Crane. Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method. Routledge, 2007.
 14. Giorgio Narddone, Tiziana Verbitz, Roberta Milanese. Prison Of Food: Research and Treatment of Eating Disorders. Karnac Books, 2005.
 15. Allison Kelly C., Albert J. Stunkard, and Sara L. Thier Overcoming Night Eating Syndrome: A Step-by-Step Guide to Breaking the Cycle, Gurze, 2004
 16. Richard Maisel, David Epston, and Ali Borden. Biting the Hand That Starves You: Inspiring Resistance to Anorexia/Bulimia. W. W. Norton & Company, 2004.
 17. Randi E., McCabe, Traci L., McFarlane, Marion P. Olmstead. Overcoming Bulimia: Your Comprehensive, Step-By-Step Guide to Recovery (New Harbinger Publications; Workbook edition, 2004.
 18. Rachel Bryant-Waugh and Bryan Lask. Eating Disorders:A Parents' Guide.

Gurze Books, 2004. Birmingham C. Laird and Pierre Beumont . *Medical Management of Eating Disorders*. Cambridge University Press, 2004

19. Cooper, M. *The psychology of bulimia nervosa: A cognitive perspective*. Oxford, Oxford University Press, 2004.

20. Evelyn Tribole Elyse Resch. *Intuitive Eating: A Revolutionary Program That Works* St. Martin's Griffin; 2nd edition, 2003.

21. Marcia Herrin. *Nutrition Counseling in the Treatment of Eating Disorders*. Brunner-Routledge, 2002

22. Helen Riess, Mary Dockray-Miller . *Integrative Group Treatment for Bulimia Nervosa* Columbia University Press Hardcover - November 22, 2002 Ogden J, ed. *The Psychology of Eating*. Blackwell publishing, 2001

23. Christopher Fairburn and Kelly D Brownell, eds. *Eating Disorders and Obesity*. Second edition. Guilford Press, 2001

24. Garner DM and Garfinkel PE, eds. *Second edition. Handbook of treatment of eating disorders*. Guilford Press, 2000.

Course/Module evaluation:

End of year written/oral examination 80 %

Presentation 10 %

Participation in Tutorials 10 %

Project work 0 %

Assignments 0 %

Reports 0 %

Research project 0 %

Quizzes 0 %

Other 0 %

Additional information: