Syllabus

TREATMENT ACCORDING TO SELF-PSYCHOLOGY - 51540

Last update 17-11-2016

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: psychology

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: Eytan Bachar

Coordinator Email: eytan.bachar@mail.huji.ac.il

Coordinator Office Hours: Sunday, 10:00-10:45

Teaching Staff:
Prof Eytan Bachar
Course/Module description:
The course will delineate the development of self psychology from the psychoanalytic theories that preceded it. We will learn the special treatment stance of the therapist, and the special form of listening which is unique to this approach.

Course/Module aims:
To enable the students to apply the theory of Self Psychology in clinical treatment.

Learning outcomes - On successful completion of this module, students should be able to:
To identify the special contribution of self psychology over the psychoanalytic models which preceded it.
To characterize the special therapeutic stance of the therapist in self psychology.
To be able to suggest self psychologically oriented interventions.
To be able to analyze therapeutic sessions from a self psychological viewpoint.
To analyze transference from a self psychological viewpoint.

Attendance requirements(%): 80

Teaching arrangement and method of instruction: Lectures

Course/Module Content:
Heinz Kohut’s self psychology
Optimal Responsiveness and the Therapeutic Process
The Bipolar self
The thwarted need to grow: clinical-theoretical issues in the selfobject transferences.
Selfobject Transferences and the Process of Working Through
Narcissism and neurosis--an opportunity for integration in psychoanalytic theory and technique

The two analyses of Mr. Z

A current perspective on difficult patients (Kohut's legacy)

Empathy: A mode of analytic listening.

Defense analysis and self psychology

On Empathy (Kohut)

The richer encounter with aggression enabled by the Kohutian approach

Psychotherapy of a Lower Level Borderline Personality Disorder

Psychotherapy of a Narcissistic Personality Disorder

Burnout of therapists

Required Reading:


Additional Reading Material:


Course/Module evaluation:
End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 20 %
Project work 80 %
Assignments 0 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

Additional information: