Syllabus

Social Work and relational psychotherapy - 3485

Last update 27-10-2016

HU Credits: 2

Degree/Cycle: 2nd degree (Master)

Responsible Department: social work

Academic year: 0

Semester: 2nd Semester

Teaching Languages: Hebrew

Campus: Mt. Scopus

Course/Module Coordinator: professon Orya Tishby

Coordinator Email: orya.tishby@mail.huji.ac.il

Coordinator Office Hours: Monday 2:00-3:00

Teaching Staff:
Prof Orya Tishby
Course/Module description:
This course will present the main concepts and principles of relational psychotherapy, and its applications to the field of social work. We will discuss the contribution of the relational movement compared to classical theory and object relations: the shift from one person to two person psychology, the development of self within relationships, the interaction between the individual and the environment, the shifts between intrapsychic and interpersonal, mutual recognition and the concept of dissociation in normal and pathological development. In terms of therapy process, we will examine concepts such as: co-construction, transference, countertransference and enactment, ruptures and repairs of the alliance and therapists' self disclosure.

Course/Module aims:
To present the relational paradigm in psychoanalysis and its contribution to social work practice, from a critical perspective.

Learning outcomes - On successful completion of this module, students should be able to:
1. To understand the main concepts of the relational paradigm.
2. To understand the therapy process according to this paradigm.
3. To be able to examine the relational paradigm critically.

Attendance requirements(%):
80%

Teaching arrangement and method of instruction: Weekly reading and discussion of theoretical and clinical texts. Students will hand in assignments based on the reading materials, which will also be used for class discussion.

Course/Module Content:
The shift from one person to two person psychology, development of self in relation, mutual recognition, psychopathology from a relational perspective, the therapy process as negotiation and co-construction, rupture and repair in the therapeutic alliance, transference, countertransference and enactment, dissociation and therapists' self disclosure.

Required Reading:
treatment guide. N.Y. Guilford Press. Chapter 2: Fundamental assumptions and
principles.

Mitchell, S.A. & Aron, L. (Eds.) (1999). Relational psychoanalysis: The emergence of


and dissociation. Hillsdale, N.J. The Analytic Press. Chapter 13: Psychoanalysis,
dissociation and personality organization, p. 189-204.


Analytic Press. Chapter 8: On knowing and being known. Theoretical and technical
considerations regarding self disclosure. P.221-253.

Mills, J. (2005) A critique of relational psychoanalysis. Psychoanalytic psychology,
22(2), 155-188.

Psychology, 23(1), 193-196.
**Additional Reading Material:**
will be uploaded on course website at the beginning of the semester

**Course/Module evaluation:**
End of year written/oral examination 0 %
Presentation 0 %
Participation in Tutorials 0 %
Project work 80 %
Assignments 20 %
Reports 0 %
Research project 0 %
Quizzes 0 %
Other 0 %

**Additional information:**
Students will submit 2 written assignments based on readings of their choice, as long as they are submitted before class discussion on the same topics.
A final paper is also required.